



Our Lady of Lourdes Parish

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY

6:00 pm (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration
6:00 pm Mass

CONFESSIONS

Saturday 4:30 pm - 4:50 pm
Sunday 8:00 am - 8:20 am
Tuesday - Friday 5:30 pm - 5:50 pm

Our Lady of Lourdes Parish



PARISH STAFF

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PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed
Tuesday - Friday: 9:00am - 3:00pm
Please Call for Appointment

PARISH OFFICE 206-735-7598

Sacrament of Anointing the Sick: Ext. 1

Parish Staff: Ext. 2

Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.



**PARTNERS
IN THE GOSPEL**

archseattle.org/Partners

FINANCIAL STEWARDSHIP (AUGUST 26TH & 27TH)

Donation	\$5,423.00
Donation Online	\$1,190.00
Maintenance Fund	\$30.00
Debt Reduction	\$0
Total Donation	\$6,643.00

Annual Catholic Appeal 2023 GOAL \$36,577
As of 8.31.23, Gifts Received \$25,311
www.archseattle.org/GiveACA



Weekly Prayer

Sunday's Readings

First Reading:

Whenever I speak, I must cry out,
violence and outrage is my message;
the word of the LORD has brought me
derision and reproach all the day. (Jer 20:8)

Psalm:

My soul is thirsting for you, O Lord my God. (Ps 63)

Second Reading:

I urge you, brothers and sisters, by the mercies of God,
to offer your bodies as a living sacrifice,
holy and pleasing to God, your spiritual worship.
(Rom 12:1)

Gospel:

"Whoever wishes to come after me must deny himself,
take up his cross, and follow me.
For whoever wishes to save his life will lose it,
but whoever loses his life for my sake will find it."
(Mt 16:24-25)

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Live The Liturgy Inspiration of the Week

A love of suffering does not come naturally to us as humans. We have no instinct to throw our arms around a rough and heavy cross — no, we shy away from it. But as adopted children of God, crafted lovingly in His image, our inheritance is the grace to do what feels so impossible.



Twenty-second Sunday in Ordinary Time

Homily By Father Joseph Vu

The Cross Is Central to Christian Living

The Church has decreed that above each of her altars there should be a crucifix.

- Whenever we enter a Catholic Church, therefore, the crucifix will be the focus of our field of vision.
- The crucifix: a depiction of humiliation, torture, pain, and death.
- The crucifix: not just an empty cross, clean and elegant, but a cross being used to crucify the one man who never sinned, the one man who didn't deserve to die.

Why such pride of place for such a cruel reality?

Why not put scenes of Christ's birth above every altar, or of his resurrection, or ascension?

Because, "Whoever wishes to come after me must deny himself, take up his cross, and follow me."

- Christ dying on the cross was the perfect sacrifice offered to God in loving atonement for our sins and the sins of all people (2 Corinthians 5:15).
- Christ dying on the cross was the perfect, loving act of obedience that reversed the vile disobedience of Adam in the Garden of Eden.
- With his arms stretched wide and raised between heaven and earth, Christ reconciled us to God and bridged the gulf opened by sin.
- If we want to go over that bridge and make our way to eternal life in communion with God, which is the only thing that can make us truly happy, we too must pass through the cross.
- We must follow the footsteps of our Lord: suffering, self-denial, opposition, humiliation, and difficulty.
- We may even have to lose the "whole world", like so many saints and martyrs, in order to gain the truly abundant "life."

Uninterrupted joy is reserved for heaven; the road to heaven is paved with crosses - rather, with crucifixes, for the cross of a Christian is always borne together with Christ, so that we who die with him will also rise with him.

Carrying Each Other's Crosses

Sometimes, when life's crosses are especially heavy, it is hard for us to remember this.

- At times, like Job, we find ourselves rebelling against the suffering that God permits to come our way, instead of finding its hidden meaning.
- Those can be lonely, dark times, full of temptation and sadness.
- But God promises that he will be faithful.
- St Paul wrote: "God is faithful and will not let you be tried beyond your strength; but with the trial he will also provide a way out, so that you may be able to bear it" (1 Corinthians 10:13).

What is the "way out" that God provides?

Many times, it is the comfort and support of other people; we are called to help each other carry our crosses. Jesus didn't let us suffer alone.

He came and walked beside us through the incarnation, comforting, strengthening, and inspiring us with his example of self-sacrificial love.

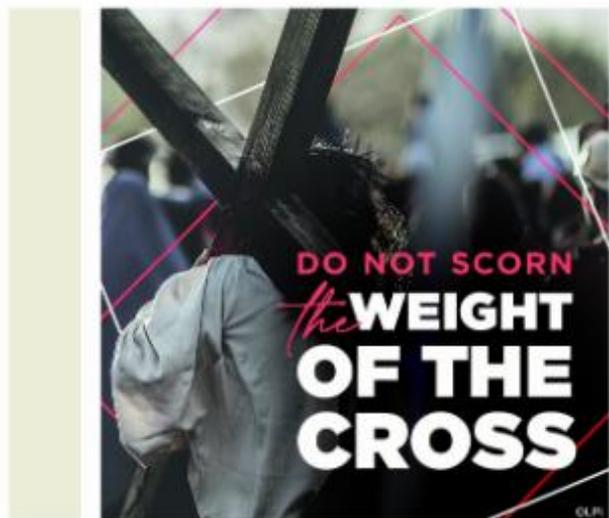
And through the Eucharist, he actually walks with us, letting his strength become our strength when we receive him in Holy Communion.

We must do the same for others.

- When family members, coworkers, or neighbors find themselves bending under the weight of a heavy cross,
- We must be Christ for them, reminding them that God's love is real, that Christ has given meaning to their suffering.
- We are the ones who must help them continue to pray when their faith is wearing thin.
- We are the ones who must comfort the sorrowful, visit the sick and imprisoned, counsel the confused, and show the face of God to those who are having trouble finding it.

The more we help those around us carry their crosses, the more Christ-like we become, and the more Christ himself will be able to help us carry our crosses.

Worship & Meditation



Gospel Meditation

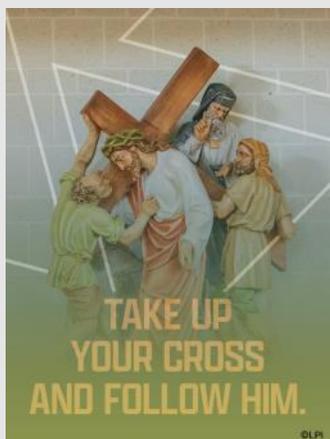
Encourage Deeper Understanding of Scripture

Isn't it easy to relate to Peter? One moment Jesus announces Peter's deep communion with God the Father. The very next, when he rejects the logic of Jesus' suffering and death, Jesus calls Peter Satan. We Christians shouldn't be too shocked when we experience both spiritual highs and lows, when we perceive breathtaking contradictions in our hearts.

Like the great apostle, you and I are recipients of unfathomable graces. God dwells in us, calls his beloved children, and takes care of our every need. And we also continually fail to embrace our sufferings with trust in Jesus. We know the truth of the creed, but we easily scorn the weight of the cross.

The good news is that, like Peter, we are never abandoned by the Lord even at our worst moments. Peter will eventually learn the beauty of the cross when he is willingly crucified. But it took time for him to get there. And it takes time for us, too. This week let's not be too shocked at these divisions in our hearts but accept them and patiently seek to be more obedient to Jesus' cross-shaped plan for us.

— Father John Muir



FOLLOW



“Whoever wishes to come after me must deny himself, take up his cross, and follow me.”

MATTHEW 16:24b

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCO.

Liturgical Life

(PRACTICING) CATHOLIC

Choosing the Cross

I've been called a lot of things in my life, but I've never been called "Satan," at least not to my face. It seems to me the worst name you could call a person, and today we hear it straight from the lips of Jesus. It's just one of the many small reminders strewn throughout Scripture that Jesus preaches meekness, but he is not mild — not when mildness serves no purpose, anyway.

And here, when Peter is trying to deter Jesus from making the right choice, mildness serves no purpose at all.

Can we blame Peter? I certainly can't. I'm sure I would have said the same thing to my own dear friend. He is, in today's Gospel, wholly unwilling to embrace the cross — he's afraid of it, even — but aren't we all, in the end, afraid of our cross? I am. It's no sin, it's only human. Fear is natural. Self-preservation is a reflex.

What Christ speaks of today is a choice, one we are all faced with, again and again, just as Peter is. We will not always respond perfectly; Peter does not respond well today. He does not respond well on Holy Thursday.

But on his last day, on the day of the ultimate choice? On that day, he chooses the cross.

We marvel at first responders who put themselves in harm's way for the sake of others, because to do so is not human, it is divine. I have to believe that if even a firefighter's loved one threw themselves in his way, he would still charge toward the flames, crying, "Get behind me."

Christ runs into the burning building for us, shaking off not only his own fear (and he had it, I promise you — he was human, too) but the fear of everyone who loved him.

"Offer your bodies as a living sacrifice, holy and pleasing to God..." — Romans 12:1

Colleen Jurkiewicz Dorman