

Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH
SEATTLE, WA 98168

MAILING ADDRESS:
P.O. BOX 69206
SEATAC, WA 98168 - 9206

206-735-7598

WWW.DUCMELODUCSEATTLE.ORG

WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30pm Adoration
6:00pm Mass

CONFESSIONS

Saturday 4:30pm – 4:50pm
Sunday 8:00am – 8:20am
Also by Appointment

Our Lady of Lourdes Parish



PARISH STAFF

PASTOR:

Father Joseph Vu, S.D.D., STL
 Frjoseph.vu@ollpsea.org
 206-735-7598 ext. 1

Parochial Vicar

Fr. Peter Doan, S.D.D.
 Frpeter.Doan@ollpsea.org
 206-735-7598 ext. 2

Pastoral Assistant

Tom Ngo
 pa@ollpsea.org, 206-735-7598 ext. 6

Administrative Assistant

Vui Hoang
 vhoang@ollpsea.org, 206-735-7598 ext. 3

PA Administration/Bookkeeper

Jadelyn Manuel
 jadelyn.stoll@gmail.com

Administration/Data Entry

Michelle Miller
 Michelle.Miller@ollpsea.org

Liturgy Coordinator

Barb Ridge
 ollsttliturg@aol.com

PARISH OFFICE HOURS

Monday: Closed
 Tuesday & Friday: Please Call for Appointment
 Wednesday: 9:30am - 3:00pm
 Thursday: 9:30am - 3:00pm
 Please leave a message if no one answers and your call will be returned.

archseattle.org/be_fed/

FINANCIAL STEWARDSHIP:

Donation	\$4,834.00
Donation Online	\$777.00
Maintenance Fund	\$60.00
Debt Reduction	\$0
Children's Donation	\$0
Total Donation	\$5,671.00

Our Lady of Lourdes Parish

2021 Appeal Goal: \$23,246

Received as of 8/05/21: \$35,995
*please note this total includes cash, pledges received & pledges still to be collected)
Actual Collected: \$33,960



Golf Week – Drive, Chip, Putt, Pray and Donate to support seminarian education

Golf at your favorite course enjoy an outing at a nearby course, the player with the lowest score donate to Seminarian Education. Enjoy mini-golf with the family or putt across the living room floor. Play, Pray and Donate to support Seminarian Education

All proceeds raised from Golf week are directed to the Seminarian Foundation Fund to offset the costs associated with study for the priesthood.

Sunday Readings

19th Sunday in Ordinary Time

1 Kings 19: 4-8; Ephesians 4: 30—5: 9
 John 6: 41-51



“The bread that I shall give is my flesh for the life of the world.”

John 6: 51

The Eucharist Nourishes Eternal Life

Christ packs three momentous lessons into this discourse on the Eucharist in today's Gospel passage. First, he points out the mystery of faith, that no one can believe in him "unless he is drawn by the Father."

- Faith in Jesus Christ supplies us with life's only dependable fuel, and yet, faith in Christ is God's gift, no one can conjure it up on their own, in a chemistry lab.
- When we look at the small white Host, no scientific test can prove that Jesus Christ is truly present there, body, blood, soul, and divinity.
- And yet, we know that he is; we have been given the gift of faith.
- This is why the priest says, after the consecration at each Mass: "Let us proclaim the mystery of faith."

Second, this faith in Christ leads to "eternal life."

- Later in the Gospel, Jesus tells us that eternal life consists in knowing "the only true God, and Jesus Christ whom [God has] sent" (John 17:3).
- In Biblical language, "knowing" implies deep interpersonal intimacy, the kind of relationship we all yearn for.
- That we can have a relationship like that with God himself, who is more lovable, more beautiful than any other person is or can be, is the Good News of Jesus Christ.
- God hasn't kept his distance from us sinners; he wants us to know him and share his life.

Third, Jesus himself is the "bread" of this eternal life, its source and sustenance.

- Without bread, without food, physical life perishes.
- Without Jesus, without his "flesh for the life of the world" in the Eucharist, our life of intimate communion with God will perish.
- It's that simple - and it's that crucial.

Eleven times in this discourse Jesus speaks of himself as the bread of life; he's really hoping that we'll get the message. The gift of faith gives us access to eternal life, and the Eucharist makes that life grow within us.

Activating Our Faith

Faith is connected to the Eucharist because it reveals Christ's presence to us, but it is also connected in another way.

- Physical food nourishes our bodies simply by the act of eating.
- Our digestive processes take over as soon as we swallow our food.
- We don't have to think about it; our attitude doesn't help or hinder it.

Not so with the spiritual food of the Eucharist.

If we receive the Eucharist out of routine, in a distracted frame of mind, then we will not receive all the grace that God wants to give us.

But if, on the other hand, we receive the Eucharist with the right dispositions, God's grace will have more room to act, strengthening our souls and making our spirits grow.

Faith, a lively, profound, and solid faith, is part of this right disposition.

- As we pray before the tabernacle, for example, or as we come forward to receive Holy Communion, we should activate our faith, consciously stir it up.
- We should focus our attention as completely as possible on Jesus Christ, the living bread who has come down from heaven to be our spiritual food.
- And then immediately after receiving Holy Communion, we should enter into a conversation with him in our hearts.
- This is why the Church invites us to have some time of silence after Communion, so that we can activate our faith and spiritually digest the living bread.

And if this is hard, there is no need to be afraid.

Remember, it is the Father who draws us to his Son; it is God who gives us the gift of faith.

So if we need a faith-boost, all we have to do is ask for it, saying, humbly and confidently, "Lord, increase my faith, so that your grace can bear more fruit in my life."



FORMING DISCIPLES FOR LIFE & JUSTICE

OCTOBER 30, 2021
VIRTUAL CONFERENCE

Please join us on October 30, 2021 for the Cornerstone Catholic Conference, a Life and Justice Initiative of the five bishops of WA State, sponsored by the WA State Catholic conference—WSSC.

Keynote Speakers:

Fr. Robert Spitzer, SJ: A Case for the Inalienable Rights of the Pre-Born

Gloria Purvis: What do the Racial Justice and Pro-Life Movements Have in Common?

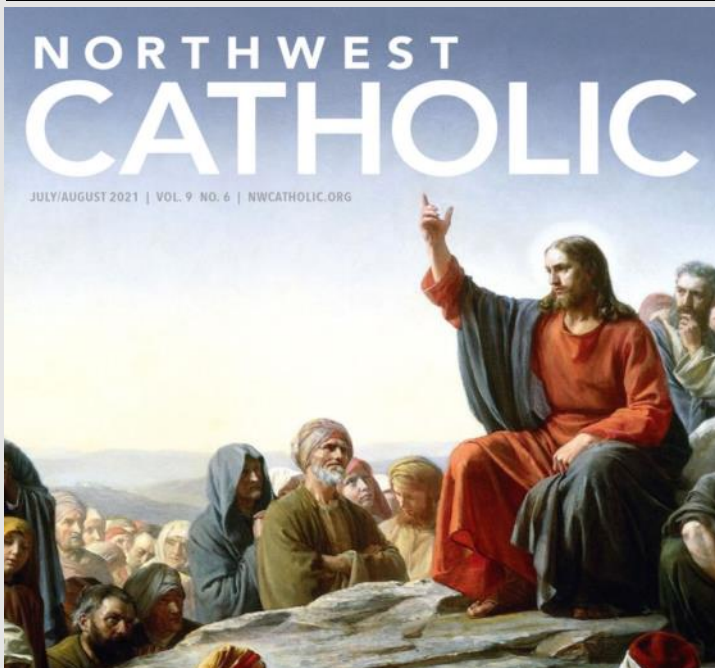
Fr. Augustino Torres: Maintaining Christian Joy in Times of Darkness (Workshop in English)

Brenda Noriega: Amarás al Prójimo como a ti mismo! "Y quién es mi prójimo?" (Presenting in Spanish)

There is no charge for this virtual conference, though donations are welcome. Register today.

THANK YOU

www.seattlearchdiocese.org/donate



To View Issue online Visit:
<https://online.nextflipbook.com/dpui/39he/>



Please Visit for more Information
<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>