



# Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

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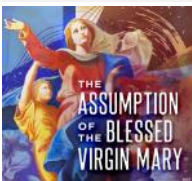
206-735-7598

WWW.DUCMELODUCSEATTLE.ORG

WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE



### HOLY DAY OF OBLIGATION

Thursday, August 15, 2024

MASS TIMES:

10:30 AM (Bilingual)

7 PM (Vietnamese)

### SATURDAY

8:00 am Mass (Vietnamese)

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm Mass (Vietnamese)

### ANOINTING OF THE SICK MASS

1st Saturday of the Month -

8:00 am Mass (Vietnamese)

\*Adoration at 5:30 pm every Friday (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

There will not be 12:30 pm Mass for Youth until Sunday September 15th, 2024

### CONFESSIONS

Saturday 4:30 pm - 4:50 pm

Sunday 8:00 am - 8:20 am

Tuesday - Friday 5:30 pm - 5:50 pm



## Our Lady of Lourdes Parish

### PARISH STAFF

#### PASTOR:

Rev. Khanh D. Nguyen  
Fr.Khanh@ollpsea.org

#### Parochial Vicar

Rev. Paul Thanh D. Vu  
Thanh.Vu@ollpsea.org

#### Residence at Parish

Father John J. Ludvik

#### Parish Secretary

Thu Duong  
thu.duong@ollpsea.org

#### Bookkeeper

Monica Schwarz  
Monica.schwarz@ollpsea.org

#### Administration/Data Entry

Michelle Miller  
Michelle.Miller@ollpsea.org

### PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

**PARISH OFFICE 206-735-7598**

Sacrament of Anointing the Sick: Ext. 1  
Parish Staff: Ext. 2  
Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.



[archseattle.org/Partners](http://archseattle.org/Partners)

### FINANCIAL STEWARDSHIP - AUGUST 3 & 4, 2024

Donation	\$4,905.00
Donation Online	\$1,062.00
Maintenance Fund	\$5.00
Debt Reduction	\$0
<b>Total Donation</b>	<b>\$5,972.00</b>

**Annual Catholic Appeal 2024 GOAL \$43,706**  
As of 8.8.24, Gifts Received \$31,213  
[www.archseattle.org/GiveACA](http://www.archseattle.org/GiveACA)

#### Everyday Stewardship

What else is there to give when one has already given away their body and their life? What more can one say or do to demonstrate love for another when all they have has been given to another? This total giving of self to loved ones cannot be trumped by flowery words or material gifts that are fleeting. This is the ultimate in love. This is the love Jesus had for us on the way to his passion, at the institution of the Holy Eucharist. This is the love he has for us daily in the celebration of the Mass on altars in every church, in every city, in every nation on earth. No one can give more. No one can ask for more. This is the true heart of Christian stewardship.

If you take the time to gaze upon your God in the simplest of forms and begin to reflect on what has actually taken place with bread and wine becoming the presence of the Divine, then you can begin to understand true humility, sacrifice, and love. And when you have the privilege to take that Real Presence into your body at the meal where you are an honored guest, you become one with the One who is the embodiment of stewardship. Then, you must ask the question of yourself, "How can I even begin to reflect the love that I have encountered at this feast?" The answer is you can begin with the simple actions of the day: where will you go, whom will you meet, and in what work will you partake? Jesus Christ has shown that the greatest gift ever given can be disguised in this world in a piece of bread. By joining your body to his, he can now transform human hearts, not by grand acts, but by everyday acts, by everyday people practicing Everyday Stewardship.

--Tracy Earl Welliver, MTS





# Worship & Meditation

## Readings for the week of August 11, 2024

### Sunday:

1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9 (9a)/Eph 4:30—5:2/Jn 6:41-51

### Monday:

Ez 1:2-5, 24-28c/Ps 148:1-2, 11-12, 13, 14/Mt 17:22-27

### Tuesday:

Ez 2:8—3:4/Ps 119:14, 24, 72, 103, 111, 131/Mt 18:1-5, 10, 12-14

### Wednesday:

Ez 9:1-7; 10:18-22/Ps 113:1-2, 3-4, 5-6/Mt 18:15-20

### Thursday:

*Vigil:* 1 Chr 15:3-4, 15-16; 16:1-2/Ps 132:6-7, 9-10, 13-14/1 Cor 15:54b-57/Lk 11:27-28

*Day:* Rv 11:19a; 12:1-6a, 10ab/Ps 45:10, 11, 12, 16/1 Cor 15:20-27/Lk 1:39-56

### Friday:

Ez 16:1-15, 60, 63 or 16:59-63/Is 12:2-3, 4bcd, 5-6/Mt 19:3-12

### Saturday:

Ez 18:1-10, 13b, 30-32/Ps 51:12-13, 14-15, 18-19/Mt 19:13-15

### Next Sunday:

Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/Eph 5:15-20/Jn 6:51-58



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

This week we hear Jesus say, “*He that believes in me, has eternal life*” (John 6:47). These straightforward words, uttered by human lips, sound — how to put this? — insane. Who could possibly say such a thing? Jesus says things that are so high, so demanding, so beyond our capacity to fathom, we hardly know what to do with them and (if you’re like me), they usually go in one ear and out the other. So, let us ask: how can believing in him lead to eternal life?

To believe in something means not just to acknowledge its existence, but also to orient yourself entirely to it. If a football player believes in his team, it means he puts his life totally at the service of that goal. If a student believes in her dream to become a doctor, she gives everything she has to her studies and preparation for her MCAT test. Belief means to move boldly toward something we love, and trust is possible to attain.

What is the highest possible good at which we can aim? It is God himself, the gift of eternal life without end. Jesus has made this “good” possible in and through his human nature. To believe in him means to have him as our ultimate goal. This week let’s believe the truth of these words and make practical decisions to orient ourselves toward what we see available in him: eternal life.

— *Father John Muir*

# Weekly Prayer

## Sunday's Readings

### First Reading:

He got up, ate, and drank;  
then strengthened by that food,  
he walked forty days and forty nights to the  
mountain of God, Horeb. (1 Kgs 19:8)

### Psalm:

Taste and see the goodness of the Lord. (Ps 34)

### Second Reading:

So be imitators of God, as beloved children, and live in love,  
as Christ loved us. (Eph 5:1-2)

### Gospel:

"I am the living bread that came down from heaven;  
whoever eats this bread will live forever;  
and the bread that I will give is my flesh for the life  
of the world." (Jn 6:51)

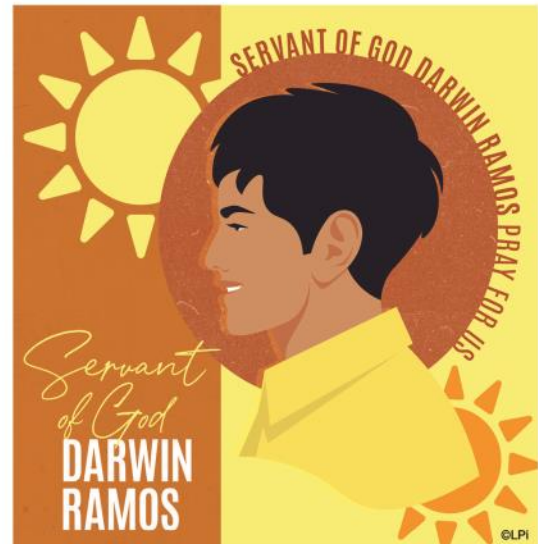
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## Live The Liturgy Inspiration of the Week

Jesus tells us that he is the living bread that came down from heaven. His actions, his example, his teachings — they are not just words on a page, stories from a moth-eaten history book. They are life. They are food for our journey, and they are forever.

## Observances for the week of August 11, 2024

- Sunday:** 19th Sunday in Ordinary Time  
**Monday:** St. Jane Frances de Chantal, Religious  
**Tuesday:** Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs  
**Wednesday:** St. Maximilian Kolbe, Priest and Martyr  
**Thursday:** The Assumption of the Blessed Virgin Mary  
**Friday:** St. Stephen of Hungary  
**Next Sunday:** 20th Sunday in Ordinary Time



## Saint of the week

Servant of God Darwin Ramos, a poor Filipino boy, died from muscular dystrophy at the age of 17. Never brought low by the disease, he spoke of his illness as his "mission for Jesus." Many were blessed by his smile and compassionate friendship. He was known as the Master of Joy.

## Prayer for Memory

Dear Lord,  
Don't let me forget the ways You've fought for me throughout history. You have been in my life in endless ways and words. May these memories comfort and encourage me now and always. Amen.