

Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH
SEATTLE, WA 98168

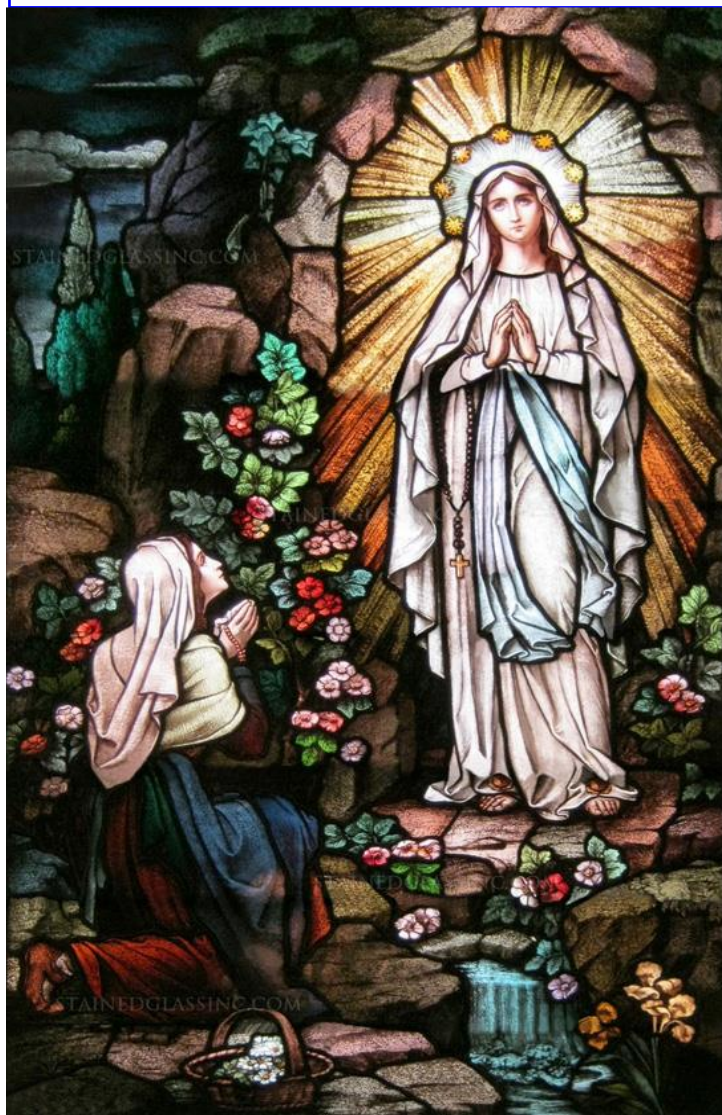
MAILING ADDRESS:
P.O. BOX 69206
SEATAC, WA 98168 - 9206

206-735-7598

WWW.DUCMELODUCSEATTLE.ORG

WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.



MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY

6:00 pm (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration
6:00 pm Mass

CONFESSIONS

Saturday 4:30 pm - 4:50 pm
Sunday 8:00 am - 8:20 am
Tuesday - Friday 5:30 pm - 5:50 pm

Our Lady of Lourdes Parish



PARISH STAFF

PASTOR:

Father Joseph Vu, S.D.D., STL
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206-735-7598 ext. 1

Parochial Vicar

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Administration/Data Entry

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Administration/Data Entry

Monica Schwarz
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Liturgy Coordinator

Barb Ridge
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PARISH OFFICE HOURS

Monday: Closed
Tuesday & Friday: Please Call for Appointment
Wednesday: 9:30am - 3:00pm
Thursday: 9:30am - 3:00pm
Please leave a message if no one answers and your call will be returned.

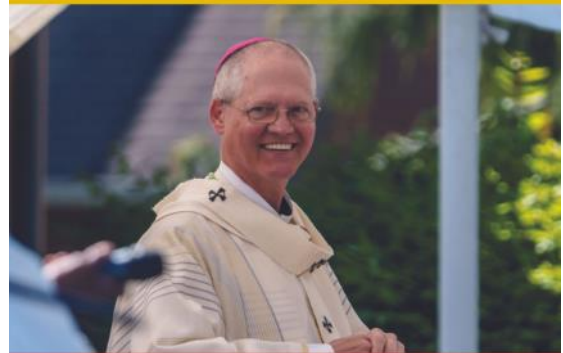
HAPPY FATHER'S DAY!

FINANCIAL STEWARDSHIP (JUNE 11– JUNE 12)

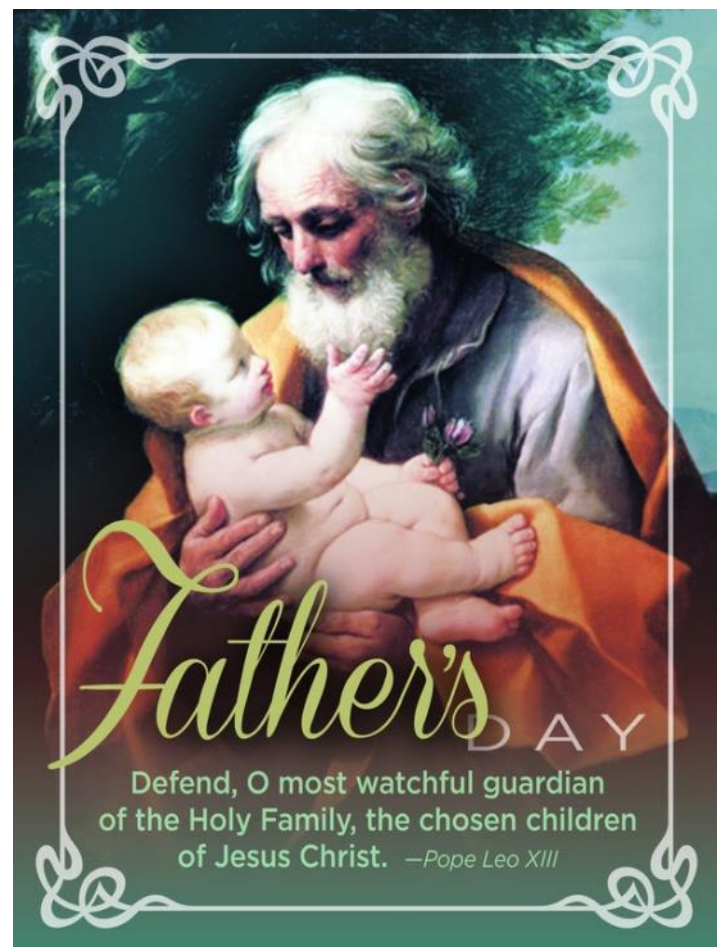
Donation	\$3,848.00
Donation Online	\$1,755.00
Maintenance Fund	\$5.00
Debt Reduction	\$0
Total Donation	\$5,608.00

**2022 ANNUAL CATHOLIC APPEAL GOAL
\$24,876, Gifts Received \$19,550.50**

HAVE YOU GIVEN YET?



Annual Catholic Appeal



The Most Holy Body and Blood of Christ Feast (Corpus Christi)

The last two precious gifts given to us by Jesus are the Holy Eucharist as our spiritual food on Holy Thursday and Jesus' mother Mary as our spiritual mother on Good Friday. Corpus Christi reminds us of the abiding presence of our loving God as Emmanuel (God with us), which is celebrated yearly in order that we may give collective thanks to our Lord for his living with us in the Eucharist. The feast also gives us an occasion to learn more about the importance and value of the "Real Presence" of Jesus in the Eucharist, so that we may appreciate the Sacrament better and maximum benefit from receiving Communion.

We believe in the "Real Presence" of Jesus in the Holy Eucharist because 1) Jesus promised it after miraculously feeding the 5000 men. 2) Jesus instituted the Holy Eucharist during his Last Supper. 3) Jesus commanded his disciples to repeat it in his memory. 4) "Nothing is impossible for God" (Lk 1:37).

St. John Bosco (1815-1888), better known as "Don Bosco", was not only a skilled administrator, missionary, and educator of boys. God also chose on occasion to work miracles through him. One feast day, all the boys in his Oratory school at Turin, Italy, were scheduled to receive Holy Communion from him at Mass. When Communion time came, however, he opened the ciborium containing the sacred hosts and found it almost empty. And 650 students were lined up to receive! Don Bosco paused only a moment. Then he lifted his eyes to heaven, said a little prayer, grasped the ciborium and started to administer Communion to the kneeling boys. Marvel upon marvels, each time he removed a host, another appeared to replace it. Thus, there were enough to take care of 650 students, and probably some left besides. His associates asked St. John about it, and he agreed that something remarkable had occurred. "God is good" he said, "and He saw to it that the boys were taken care of."

Today we celebrate Corpus Christi – the Church's special feast in honor of the Eucharistic Body and Blood of Christ. Appropriately, the Gospel chosen relates Jesus' feeding the 5000 by multiplying the loaves and fishes. It was a miracle clearly foreshadowing the institution of the Eucharist. Our Lord has not often been called upon to multiply already consecrated hosts, as He did for Don Bosco, but it is almost a miracle in itself that at every Mass in the world since Holy Thursday Christ has multiplied Himself as Eucharistic food. Thus, the faithful, as today's gospel says, "have all eaten until they had enough."

We explain the real presence of Jesus in the Holy Eucharist by: "transubstantiation" which means that the substance of the consecrated bread and wine is changed to the substance of the risen, living Jesus in His glorified Body and Blood by the action of the Holy Spirit, while the accidents (like color, shape, taste, etc. of the consecrated bread and wine), remain unchanged.

The Jews offered animal sacrifices to God, believing that life was in the blood, and the animal blood was a substitute for human lifeblood. Following this Jewish tradition, Jesus offered his own lifeblood as a substitute for the lifeblood of all human beings and, so, sealed the New Covenant made between God and humankind (1 Cor 11:25), bringing new life to the world. The Corpus Christi readings remind us of Jesus' offering of his Body and Blood which serves in the Church as a lasting memorial of His saving death for us. We renew Jesus' Covenant by participating in the banquet of his Body and Blood, a banquet that, through his death, gives us life.

The Eucharist, teaches us the importance of community, the bond that results from this sacrifice. John Chrysostom says: "What is the Bread actually? The Body of Christ. What do communicants become? The Body of Christ. Just as the bread comes from many grains, which remain themselves and are not distinguished from one another because they are united, so we are united with Christ." Just as numerous grains of wheat are pounded together to make the host, and many grapes are crushed together to make the wine, so we become unified in this sacrifice. Our Lord chose these elements in order to show us that we ought to seek union with one another, to allow the Holy Spirit to transform us into Our Lord Jesus Christ and to work with Him in the process. Christ is the Head and we are the Body. Together we are one. That which unites us is our willingness to sacrifice our time and talents to God in our fellow members in Christ's Mystical Body. This is symbolized by our sharing in the same Bread and the same Cup. Hence, Holy Communion should strengthen our sense of unity and love. Let us ask the Lord open our mind and heart to recognize his "Real Presence" in the Eucharist when we receive Him in mass.

WEEKLY PRAYER

READINGS FOR THE WEEK OF JUNE 19, 2022

- Sunday:** Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/1 Cor 11:23-26/Lk 9:11b-17
- Monday:** 2 Kgs 17:5-8, 13-15a, 18/Ps 60:3, 4-5, 12-13/Mt 7:1-5
- Tuesday:** 2 Kgs 19:9b-11, 14-21, 31-35a, 36/Ps 48:2-3ab, 3cd-4, 10-11/Mt 7:6, 12-14
- Wednesday:** 2 Kgs 22:8-13; 23:1-3/Ps 119:33, 34, 35, 36, 37, 40/Mt 7:15-20
- Thursday:** Vigil: Jer 1:4-10/Ps 71:1-2, 3-4a, 5-6ab, 15ab and 17/1 Pt 1:8-12/Lk 1:5-17
Day: Is 49:1-6/Ps 139:1b-3, 13-14ab, 14c-15/Acts 13:22-26/Lk 1:57-66, 80
- Friday:** Ez 34:11-16/Ps 23:1-3a, 3b-4, 5, 6 [1]/Rom 5:5b-11/Lk 15:3-7
- Saturday:** Lam 2:2, 10-14, 18-19/Ps 74:1b-2, 3-5, 6-7, 20-21/Lk 2:41-51
- Next Sunday:** 1 Kgs 19:16b, 19-21/Ps 16:1-2, 5, 7-8, 9-10, 11/Gal 5:1, 13-18/Lk 9:51-62

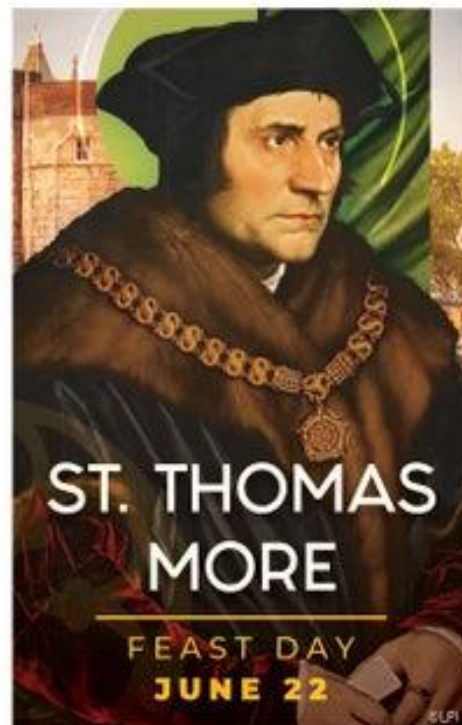
OBSERVANCES FOR THE WEEK OF JUNE 19, 2022

- Sunday:** The Most Holy Body and Blood of Christ; St. Romuald, Abbot; Father's Day
- Tuesday:** St. Aloysius Gonzaga, Religious
- Wednesday:** St. Paulinus of Nola, Bishop; Sts. John Fisher, Bishop, and Thomas More, Martyrs
- Thursday:** The Nativity of St. John the Baptist
- Friday:** The Most Sacred Heart of Jesus
- Saturday:** The Immaculate Heart of the Blessed Virgin Mary
- Next Sunday:** 13th Sunday in Ordinary Time

LIVE THE LITURGY

Inspiration for the week

Good dietitians will remind us that we are not only the product of what we eat but the disciplines we undertake. Many people spend a great deal of time and effort eating a healthy diet, getting a sufficient amount of rest, and engaging in regular exercise. Experts tell us that attending to these increases our chances for a longer life. While this is certainly a worthy pursuit, is our earthly life really the one that requires the most attention and effort? Faith kicks in to remind us that we are meant to live forever with God. Hence, isn't it our eternal destiny that requires most of our effort and attention? The food and nourishment we need to achieve this goal and fine tune our souls for this promised inheritance are the Body and Blood of Christ. Only this heavenly sustenance will unite us with God and our brothers and sisters, strengthen us to do what the Gospel asks us to do and prepare us for life eternal. Through the discipline of prayer, our desire to receive our Lord is deepened. It is this yearning, above anything else, that we want clearly seen and front and center when we close our eyes in death. God loves us so much that he gave us his only begotten Son. Let us rush to receive him!



SAINT OF THE WEEK

Sir Thomas More was a humanist and statesman in Tudor England. He is still widely known today as the author of *Utopia*. More was a prolific writer and theologian. A true martyr of the Church, he was beatified by Pope Leo XIII in 1886, and canonized by Pope Pius XI on May 19, 1935.

More was born in London in 1478, the son of Sir John More, a lawyer and judge. He attended Oxford where he studied Latin and Greek, as well as formal logic. He left Oxford in 1494 to train as a lawyer in London. After attaining the Bar, he spent time discerning a call to the priesthood. Though attracted to the Franciscan order More remained a lay Christian, continuing to fast, pray, and wear a hair shirt. He was married twice, the loving father of three daughters, a stepdaughter by his second marriage, and one son. More wrote many letters to his children when he was away on business and his daughters were known for their academic abilities, as they received the same education as his son, an anomaly at the time.

More rose to the Privy Council in 1514. He became the good friend and advisor to Henry VIII, and in 1521 he was knighted. In 1529 he was made Lord Chancellor of England. However, this appointment was the beginning of the end for the saint. He could not support the break with the Church in Rome when Henry failed to receive from the Pope the annulment of his first marriage to Katherine of Aragon to wed Anne Boleyn. More resigned as Lord Chancellor and continued to refuse to accept Henry as the head of the Church in England. Eventually he was imprisoned, tried, and sentenced to a traitor's death, to be hanged, drawn, and quartered. Henry commuted the sentence of his former friend to the more humane beheading. More was executed at Tower Hill, on July 6, 1535, before his death he famously proclaimed that he was "the king's good servant, but God's first."