

# *Our Lady of Lourdes Parish*

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

MAILING ADDRESS:  
P.O. BOX 69206  
SEATAC, WA 98168 - 9206

206-735-7598

[WWW.DUCMELODUCSEATTLE.ORG](http://WWW.DUCMELODUCSEATTLE.ORG)

## WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration  
6:00 pm Mass

## CONFESSIONS

Saturday 4:30 pm - 4:50 pm  
Sunday 8:00 am - 8:20 am  
Tuesday - Friday 5:30 pm - 5:50 pm

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
Frjoseph.vu@ollpsea.org  
206-735-7598 ext. 1

#### Parochial Vicar

Fr. Peter Doan, S.D.D.  
Frpeter.Doan@ollpsea.org  
206-735-7598 ext. 2

#### Parish Secretary

Thu Thai Duong  
thu.duong@ollpsea.org

#### PA Administration/Bookkeeper

Jadelyn Manuel  
jadelyn.stoll@gmail.com

#### Administration/Data Entry

Michelle Miller  
Michelle.Miller@ollpsea.org

#### Administration/Data Entry

Monica Schwarz  
Monica.schwarz@ollpsea.org

#### Safe Environment & Facility Coordinator

Tang Nguyen  
tangnguyen16@gmail.com , 206-355-9378

### PARISH OFFICE HOURS

Monday: Closed  
Tuesday & Friday: Please Call for Appointment  
Wednesday: 9:30am - 3:00pm  
Thursday: 9:30am - 3:00pm  
Please leave a message if no one answers and your call will be returned.

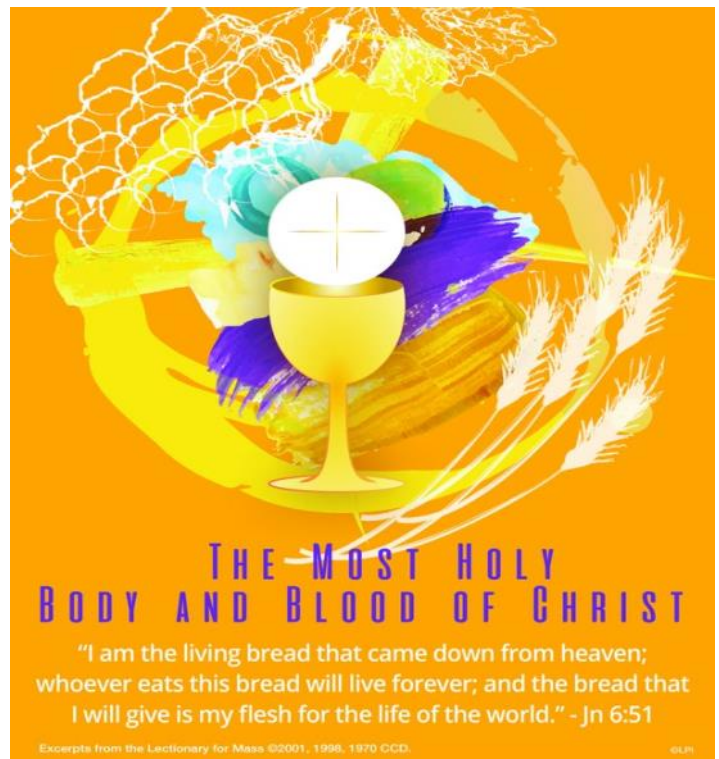
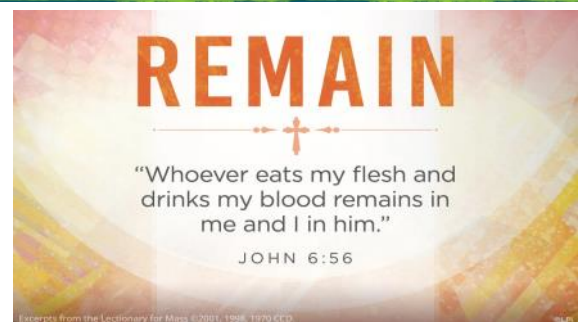


[archseattle.org/Partners](http://archseattle.org/Partners)

### FINANCIAL STEWARDSHIP (JUNE 3RD - JUNE 4TH)

Donation	\$5,217.00
Donation Online	\$1,435.00
Maintenance Fund	\$5.00
Debt Reduction	\$0
Total Donation	\$6,657.00

Annual Catholic Appeal 2023 GOAL \$36,577  
As of 6.08.23, Gifts Received \$6,981  
[www.archseattle.org/GiveACA](http://www.archseattle.org/GiveACA)







## Christ Longs to Stay with Us

Today, in thousands of cities, towns, and villages, on every continent, our brothers and sisters in Christ are walking the streets of the world in the solemn processions of Corpus Christi.

- Corpus Christi - the Body of Christ. The Most Holy Body and Blood of Christ.

- This is the great mystery we celebrate today, the sacrament of the Eucharist, the greatest of sacraments. The Eucharist is not just a symbol of Christ's spiritual presence.

It is not just a reminder of Christ's self-offering in the past.

No, Jesus Christ is truly present in this sacrament.

- As the Catechism says: "In the most blessed sacrament of the Eucharist the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained" (#1374).

- This is why St Paul, in today's Second Reading, calls Holy Communion a "participation" in the body and blood of Christ.

- And this is why Jesus himself, in today's Gospel Reading, repeats six times - SIX times - that his flesh is real food and his blood is real drink.

This wonderful, mind-boggling mystery reveals how much Jesus loves us.

- He loves us so much that he wants his own life to flow through our veins; he wants to accompany us always and everywhere, until he leads us home to be with him forever in heaven.

- Jesus in the Eucharist is the everlasting fulfillment of the ancient prophecy that our Savior will be "Immanuel" - God with us.

- Though we have sinned, Christ loves us too much to abandon us.

- He longs to stay with us, to walk with us, to share, redeem and give meaning to every detail, to every encounter, to every nook and cranny of our lives."

## Praying "Amen" from the Heart

In life's difficulties and busy-ness, it is easy for us to forget about the wonderful, incomprehensible, miraculous gift of the Eucharist.

This is what happened to the Israelites in the Old Testament, as we heard about in today's First Reading.

- God performed wonderful miracles for his Chosen People, feeding them with manna from heaven during their forty year journey to the Promised Land.

- And yet, they were still constantly complaining, constantly forgetting about God's goodness and falling into disobedience, self-centeredness and self-absorption.

Our life too is a journey, and our destination is the eternal Promised Land of Heaven.

- And God provides us with an even more miraculous food, a more wonderful manna, to give us his own divine strength - strength we need every day in order to resist temptation and faithfully fulfill God's will.

- Our manna is the Eucharist.

Today, let's thank our Lord for this indescribable gift, and let's promise him that we will never again take it for granted.

Whenever Holy Communion is presented to us, the priest or minister says: "The Body of Christ."

And we reply with a single word: "Amen."

- It is a Hebrew word that is almost untranslatable into English.

- It means: "let it be so," and "so it is," and "I believe and I accept."

- When we say, "Amen," we are professing our faith in this greatest of sacraments, our conviction that Christ is truly present in the Eucharist.

- And we are also renewing our commitment to follow him, to strive to be like him by loving God above all things and, with the help of his grace, loving our neighbors as ourselves.

Today, and from now on, let's say that Amen with all our hearts, so that we never forget how deeply God loves us.

## (PRACTICING) CATHOLIC

### The Priesthood and the Eucharist

"These two Sacraments were born together," wrote St. John Paul II of the priesthood and the Eucharist, "and their destiny is indissolubly linked until the end of the world."

The Eucharist is such a beautiful example of how God, conscious of our limitations, bends to meet us. He once came to us cloaked in the flesh, that we might recognize Him. Now He comes as the very means by which we nourish ourselves: food and drink, the most familiar and comforting thing in the world to us. How easy He makes it to fulfill his command that we become one with Him. How generous He is to make such a sacred thing also accessible.

We can say the same of the priesthood, and of the men He calls to its number. How generous of Him to make such an accessible thing — our sons, our brothers, our uncles, our cousins — sacred. How generous of Him to allow these human creations — who share in our own faults — to be the means through which He comes to us in the Eucharist.

Without the Eucharist, we would have no eternal life. Without priests, we would have no Eucharist. On this, the Solemnity of the Most Holy Body and Blood of Christ, let's give thanks for our priests, and redouble our prayers that God will send us good and holy ones — manna from Heaven in our wandering exile.

*"Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day."  
— John 6:54*

*Colleen Jurkiewicz Dorman*

## Why do we do that? Catholic Life Explained

### Question:

How do you explain "Real Presence" to children?

### Answer:

The first Communion class is filled with excitement to the point of bursting! They are just awestruck by every new thing they learn about Jesus. Their enthusiasm is contagious as they rattle off the names of the things in church, the vessels and vestments used at Mass, and the names of their pastors and priests. Of course, they know Christ can do anything because he's God. He comes to us in holy Communion because he loves us so much that he wants to be with us. And he comes to us in the form of bread and wine. We really receive him in the Eucharist.

Sometimes it is easier to explain this to children than to adults. Their faith and trust in Jesus is not limited by the questions and doubts that often come with the question of how he does it. Rather, they focus on the question "why," and the answer is something they can easily grasp: love. Christ wants to be with us because he loves us. Nothing is purer in truth or in faith. Not even the theological explanation of transubstantiation, or philosophical reasoning or symbolic references, come close. Christ takes on the form of bread and wine to be simple and approachable, so that no one is afraid or turned away. His love for us is complete and total. We try to love him the same way in return. For a child, it is simple. For us adults, we keep trying. "Unless you turn and become like children, you will not enter the kingdom of heaven" (Mt 18:3).