



# Our Lady of Lourdes Parish

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**WELCOME!**

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30pm Adoration  
6:00pm Mass

## CONFESSIONS

Saturday 4:30pm – 4:50pm  
Sunday 8:00am – 8:20am  
Also by Appointment

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
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#### Liturgy Coordinator

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### PARISH OFFICE HOURS

Monday: Closed  
Tuesday & Friday: Please Call for Appointment  
Wednesday: 9:30am - 3:00pm  
Thursday: 9:30am - 3:00pm  
Please leave a message if no one answers and your call will be returned.

Please visit: <https://archseattle.org/about-the-archdiocese-of-seattle/archbishop-etienne/pastoralplanning/pastoral-plan/>

### FINANCIAL STEWARDSHIP:

Donation	\$4,658.25
Donation Online	\$907.00
Maintenance Fund	\$60.00
Debt Reduction	\$0
Children's Donation	\$0
Total Donation	\$5,625.25

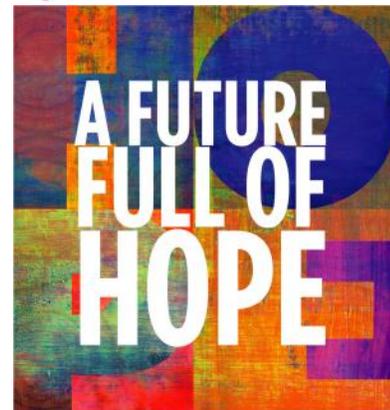
RICE BOWL COLLECTED (as of 5/30/21) \$6,646.94



Our Lady of Lourdes Parish

2021 Appeal Goal: \$23,246

Received as of 6/03/21: \$28,050



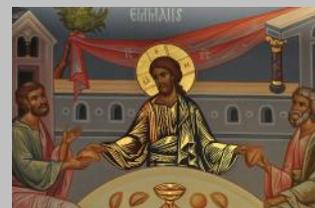
THANK YOU

[www.seattlearchdiocese.org/donate](http://www.seattlearchdiocese.org/donate)



### Sunday Readings Corpus Christi

Exodus 24: 3-8; Hebrews 9: 11-15  
Mark 14: 12-26



“Take, eat. This is my Body.”

Mark 14: 22

## *A Covenant Sealed in Precious Blood*

Today we celebrate not only the gift of the Eucharist, the Body, and Blood of Our Lord, but the covenant sealed through Our Lord's Precious Blood.

In today's First Reading the old covenant that the Lord established with the people of Israel is sealed with the blood of a sacrifice.

- The old covenant involved the shedding and sprinkling of blood
- The altar represented God, and by sprinkling the blood on it and the people a communion of life was established that would be maintained for as long as they followed the precepts stipulated. The Lord didn't need to do it, but, after the sins of humanity, the people of Israel did.

That covenant was repeatedly renewed in Jewish worship through the sacrifice of animals and the shedding of their blood, with the hope of atoning for having transgressed the covenant. This covenant and the sacrificed blood that sealed were just a foreshadowing of the covenant to come.

When God became man, he chose to become that sacrifice, to shed his blood to establish a new and everlasting covenant. If the blood of animals produced a spiritual benefit for those who were offering it, today's Second Reading reminds us how much more spiritual benefit comes from the blood of Christ, who sacrificed himself for the sins of the world.

- Moses in the First Reading ratified the covenant with the blood of bulls; the Second Reading reminds us that Jesus has ratified the new covenant with his blood. It's one thing to sacrifice something of value and make amends; it's a whole other level to sacrifice your very self, body, and blood.

In ancient religions sacrifices were made and then partaken of, eating the food or animal sacrificed, to express communion with the deity to which the sacrifice was being made.

In today's Gospel, we see Our Lord in the Last Supper establishing a new and eternal covenant that would be sealed with his sacrifice on the Cross.

- Our Lord established the sacrament of his Eucharist in an unbloody way, at the Last Supper, enabling his disciples to partake of his body and blood sacramentally so that they wouldn't have to physically. However, that didn't preclude Our Lord from physically sacrificing himself on the Cross.
- We celebrate today the Body and Blood of Christ because they are now the one sacrifice to restore and maintain our communion with God.
- We offer and receive this sacrifice in an unbloody manner, under the appearance of bread and wine, in part because Our Lord didn't want our squeamishness to keep us from coming to him as the Bread of Life.
- We remember today that the Eucharist is the Body and Blood of Christ so that we never forget that a sacrifice has been made once and for all the forgiveness of sins: our sins, not his.

## **Renew Your Covenant With Our Lord**

- Our Lord has always been faithful to the covenant. Some people try "cut a deal" with Our Lord when they want something: "Lord, give/do this and I'll give/do that."
- The covenant Our Lord sealed with his Precious Blood is meant to keep us happy, holy, and secure. We break that covenant when we sin, but Our Lord doesn't back out of the deal.
- People at times struggle with being bored at Mass. How is that possible?
- It's possible when we lose sight of the sacrifice that went into it, a sacrifice so horrible, bloody, and cruel that Our Lord in his mercy only wants us to partake of it sacramentally.
- The next time you're bored at Mass, remember that you didn't have to shed a single drop of blood for your sins, but Our Lord shed many.

It might be time to watch Mel Gibson's *The Passion of the Christ* to put things into perspective.

# WEEKLY PRAYER

## READINGS FOR THE WEEK OF JUNE 6, 2021

- SUN 6/6** Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 [13]/Heb 9:11-15/Mk 14:12-16, 22-26
- MON 6/7** 2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9 [9]/Mt 5:1-12
- TUES 6/8** 2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135 [135a]/Mt 5:13-16
- WED 6/9** 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9 [cf. 9c]/Mt 5:17-19
- THR 6/10** 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14 [cf. 10b]/Mt 5:20-26
- FRI 6/11** Hos 11:1, 3-4, 8c-9/Is 12:2-3, 4, 5-6 [3]/Eph 3:8-12, 14-19/Jn 19:31-37
- SAT 6/12** 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12 [8a]/Lk 2:41-51
- SUN 6/13** Ez 17:22-24/Ps 92:2-3, 13-14, 15-16 [cf. 2a]/2 Cor 5:6-10/Mk 4:26-34

## OBSERVANCES FOR THE WEEK OF JUNE 6, 2021

- Sunday: The Most Holy Body and Blood of Christ
- Wednesday: St. Ephrem, Deacon and Doctor of the Church
- Friday: The Most Sacred Heart of Jesus
- Saturday: The Immaculate Heart of the Blessed Virgin Mary
- Next Sunday: 11th Sunday in Ordinary Time

## LIVE THE LITURGY

### Inspiration for the week

As we gather today to reaffirm our faith in the Real Presence of Christ in the Eucharist, we are reminded that **we** are also the Body of Christ. The mission of the Gospel calls us to be Christ for others. There is so much brokenness and pain in our world. Many people are lost and feeling lonely, marginalized and oppressed, victimized and abused. Every time we receive the Body (and Blood) of Christ, we are asked to become what we eat. Are we willing to step aside from our preoccupations and concerns so that we can be Christ for others? The power and presence of Christ in the Eucharist becomes present in us. In receiving this transforming presence of Christ, we can truly effect change in the lives of those we meet. We can show them God's unconditional, ever-present love and the beauty that can come from loving others. We are given the grace to become temples of justice and peace, carrying God's sacred Presence within us wherever we go.



*The Most  
Sacred Heart  
of Jesus*