

Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH
SEATTLE, WA 98168

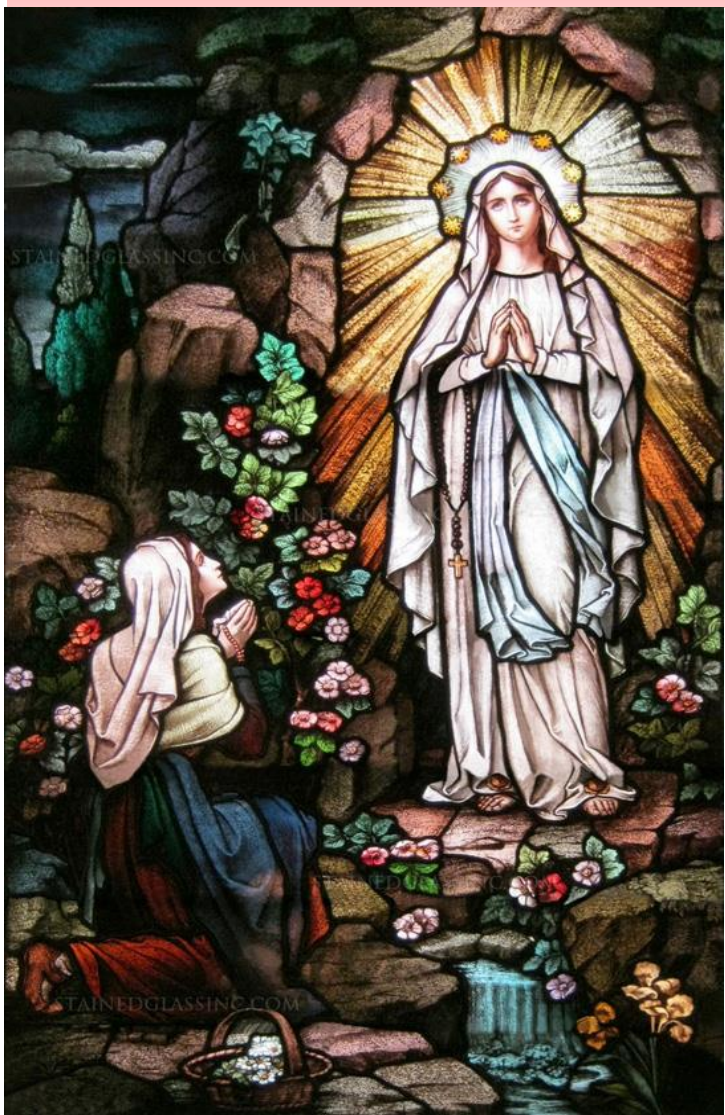
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WWW.DUCMELODUCSEATTLE.ORG

WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.



MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY

6:00 pm (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration
6:00 pm Mass

CONFESSIONS

Saturday 4:30 pm - 4:50 pm
Sunday 8:00 am - 8:20 am
Tuesday - Friday 5:30 pm - 5:50 pm

Our Lady of Lourdes Parish



PARISH STAFF

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PARISH OFFICE HOURS

Monday: Closed
Tuesday & Friday: Please Call for Appointment
Wednesday: 9:30am - 3:00pm
Thursday: 9:30am - 3:00pm
Please leave a message if no one answers and your call will be returned.

www.archseattle.org/GiveACA

FINANCIAL STEWARDSHIP (MAY 28 – MAY 29)

Donation	\$3,826.00
Donation Online	\$1,390.00
Maintenance Fund	\$60.00
Debt Reduction	\$0
Total Donation	\$5,276.00

**2022 ANNUAL CATHOLIC APPEAL GOAL
\$24,876, Gifts Received \$6,940.50**

MINISTRIES SUPPORTED BY THE ACA

Seminarians/Vocations
Northwest Catholic Magazine
Faith Formation
Marriage and Family Life
Young Adult Ministry
Mental Health Ministry, Multicultural
Ministry
CYO Camps

and so much more



Annual Catholic Appeal



PENTECOST SUNDAY

[Jesus] breathed on them and said to them,
"Receive the Holy Spirit. Whose sins you forgive
are forgiven them, and whose sins you retain are
retained." - Jn 20:22-23

Excerpt from the Lectionary for Mass ©2001, 1988, 1970 CCD.

CLP

The Holy Spirit gives us New Life

Homily by Father Joseph Vu

Imagine if our lives were somehow different.

- Imagine if we had a new life, if we didn't have to always rely on ourselves.
- Imagine if we had an alternative power source that we could tap into, a power source that slowly transforms us into the person we truly want to be.

In the readings today, we're reminded that to be a baptized Christian living in friendship with God means that we do have this power source. His name is the Holy Spirit, and he is the third person of the Blessed Trinity. He is the bond of love between God the Father and God the Son.

In the first Pentecost we heard about how the disciples were filled with the Holy Spirit and began to speak in different languages of the mighty acts of God.

Then the psalm asked God: "Lord, send out your Spirit, and renew the face of the earth." We can add to that, "Lord, send out your spirit, and renew my life, and the lives of those I love."

And then in the gospel the Risen Christ breaths on the apostles and gives them the Holy Spirit.

- This gesture goes back to the very beginning of the book of Genesis, when it says that at the moment of creation the Spirit of God was hovering over the waters. In Hebrew, the word for Spirit is Ruah, which also means breath.
- So here John is saying that Jesus, by giving us the Holy Spirit, is recreating us.

The Holy Spirit gives us new life. He is present in us as the source of our new life in Christ.

On Pentecost Sunday in 1544, St Philip Neri was praying in the catacombs in Rome.

- He describes how he was praying and a ball of fire entered his mouth and lodged in his chest.
- When he regained his senses, he found a swelling on his left side, which remained with him the rest of his life.
- Ever after, when he was deep in prayer or administering the sacraments, his heart would beat so violently that others could hear it.
- After his death the autopsy revealed that several of his ribs were cracked by an enlarged heart. This is unique in the history of the Church.

Why do I tell this story?

- Most of us probably won't have a ball of fire enter our hearts and enlarge them.
- But this is actually what the Holy Spirit does, although usually not in a physical way.

He brings us new life, and that means the ability to truly love.

Asking for the Gifts

The Church teaches us that there are 7 gifts of the Holy Spirit. These gifts prepare us to receive the Holy Spirit's inspirations in our hearts.

- Wisdom, which gives us a "taste" for the things of God. We experience delight in what is right.
- Understanding is the gift of the Holy Spirit that gives us a deeper sense of the meaning of the teachings of the Church.
- Knowledge enables us to judge everything by the light of heaven.
- Counsel helps us to speak the words that will draw others closer to God.
- Fortitude gives us the strength to keep trying to love and be faithful to God and to our calling when things get tough.
- Piety gives us reverence towards God and towards each human person.
- Fear of the Lord brings us to avoid sin because we love God and don't want to offend him.

St John Paul II said that he used to ask the Holy Spirit every day to give him these gifts in greater abundance. If he needed to do that, perhaps we should try it too.

So my challenge is to learn these gifts of the Holy Spirit (you can find the list on the internet or in the Catechism of the Catholic Church), and to pray for them each day this week. As we do that, we're opening the door to that new life the Holy Spirit brings.

WEEKLY PRAYER

READINGS FOR THE WEEK OF JUNE 5, 2022

- Sunday:** Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/
Ps 104:1-2, 24, 35, 27-28, 29, 30/Rom 8:22-27/Jn 7:37-39
Extended Vigil: Gn 11:1-9/Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/
Ps 104:1-2, 24, 35, 27-28, 29, 30/Rom 8:22-27/Jn 7:37-39
Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34/1 Cor 12:3b-7, 12-13
or Rom 8:8-17/Jn 20:19-23 or Jn 14:15-16, 23b-26
- Monday:** Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 6, 6-7/Jn 19:25-34
- Tuesday:** 1 Kgs 17:7-16/Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16
- Wednesday:** 1 Kgs 18:20-39/Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19
- Thursday:** 1 Kgs 18:41-46/Ps 65:10, 11, 12-13/Mt 5:20-26
- Friday:** 1 Kgs 19:9a, 11-16/Ps 27:7-8a, 8b-9abc, 13-14/Mt 5:27-32
- Saturday:** Acts 11:21b-26; 13:1-3/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mt 5:33-37
- Next Sunday:** Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 [2a]/Rom 5:1-5/Jn 16:12-15

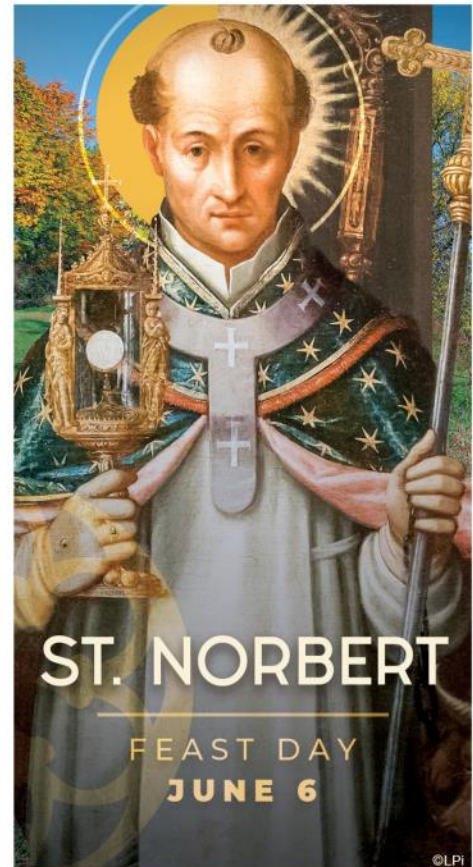
OBSERVANCES FOR THE WEEK OF JUNE 5, 2022

- Sunday:** Pentecost Sunday; St. Boniface, Bishop and Martyr
- Monday:** Blessed Virgin Mary, Mother of the Church; St. Norbert, Bishop
- Thursday:** St. Ephrem, Deacon and Doctor of the Church
- Saturday:** St. Barnabas, Apostle
- Next Sunday:** The Most Holy Trinity

LIVE THE LITURGY

Inspiration for the week

St. Josemaria Escriva tell us, "To live according to the Holy Spirit means to live by faith and hope and charity. To allow God to take possession of our lives and to change our hearts, to make us resemble him more and more." Today we celebrate the gift of the Holy Spirit given freely by God to us. The Holy Spirit is the very breath of God and the true source of our power and strength. When we accept that God is the beginning and the end of all things, we open ourselves to receiving this powerful presence. The Holy Spirit alone is the one who teaches us how to pray, who stirs us to lift our eyes to heaven in search of our Creator and opens them to recognize the wonderful gifts of faith, hope, and love God gives us. The Holy Spirit is the one who teaches us how to understand ourselves, God, others, and the world. When we allow God's Own breath to truly take possession of us, we realize that we are meant to become like God and know Him as He really is. This ultimate helper lifts our eyes from what is below to what is above and empowers us to live life with joy and keener vision!



SAINT OF THE WEEK

Born to nobility, St. Norbert of Xanten, was ordained as a subdeacon and served in the court of Henry V, Emperor of Germany, however, at court it was easy to be distracted by wealth, power and luxury and he lived a worldly and corrupt life there. By the grace of God while traveling in a storm he was nearly struck by lightning and almost killed. This experience changed St. Norbert and he became penitent, left his court post, and after a period of discernment in a monastery, felt called to be a priest.

Norbert became an itinerant preacher, preaching against worldly attitudes but at the Pope's request finally settled in northern France and founded the Norbertine order established according to the rule of St. Augustine. The order grew rapidly and soon founded women's branch. Norbert traveled and preached across Germany where he also founded a lay branch of the Norbertines. In Belgium he preached against heresies which denied the Blessed Sacrament.

Eventually he was made Archbishop of Magdeburg, Germany, and later he traveled to Rome in support of Pope Innocent II, against the antipope. Afterward he returned to Germany to court of Emperor Lothar as advisor, at end of life, in failing health, St. Norbert was carried back to Magdeburg where he died.