

# Our Lady of Lourdes Parish

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

### ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30pm Adoration  
6:00pm Mass

### CONFESSIONS

Saturday 4:30pm – 4:50pm  
Sunday 8:00am – 8:20am  
Also by Appointment

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
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#### Liturgy Coordinator

Barb Ridge  
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### PARISH OFFICE HOURS

Monday: Closed  
Tuesday & Friday: Please Call for Appointment  
Wednesday: 9:30am - 3:00pm  
Thursday: 9:30am - 3:00pm  
Please leave a message if no one answers and your call will be returned.

Please visit: <https://archseattle.org/about-the-archdiocese-of-seattle/archbishop-etienne/pastoralplanning/pastoral-plan/>

### FINANCIAL STEWARDSHIP:

Donation	\$2,905.57
Donation Online	\$762.00
Maintenance Fund	\$5.00
Debt Reduction	\$0
Children's Donation	\$0
Total Donation	\$3,672.57

RICE BOWL COLLECTED (as of 5/23/21) \$6,646.94



Our Lady of Lourdes Parish

2021 Appeal Goal: \$23,246

Received as of 5/20/21: \$13,275

### PASTORAL PLANNING

KNOWING JESUS CHRIST,  
EMBRACING HIS MISSION  
Encounter Jesus. Become Disciples. Make Disciples.



#### Pastoral planning focus, values

These are the focus and values of the new Archdiocese of Seattle pastoral planning process, "Knowing Jesus Christ, Embracing his Mission":

##### Focus

- Encounter Jesus Christ and one another.
- Accompany each other, as one human family, on the journey of discipleship.
- Live the unconditional love and joy of the Gospel.

##### Values

- Faith in Action
- Hope in Resurrection
- Truth in Love
- Unity in Diversity

### Sunday Readings The Most Holy Trinity

Deuteronomy 4: 32-40; Romans 8: 14-17  
Matthew 28: 16-20



**Those who are led by the Spirit of God  
are children of God.**

**Romans 8: 14**

## The Mystery of the Most Holy Trinity

We always start our prayers by making the Sign of the Cross to remind us of the greatest mystery of our faith: the mystery of the Most Holy Trinity. God revealed himself to us as the Most Holy Trinity. Jesus came and said he was God's Son, and that meant God was his Father. And Jesus promised to send his Spirit after he ascended into Heaven, so the Holy Spirit was God as well. This is something so mysterious that we believe it because Our Lord taught it to us and we believe in him.

Moses in today's First Reading reminds the Israelites, as he reminds us, that this great mystery of faith is God's initiative. God chose to reveal himself to us as he is: the one true God.

- God revealed himself to the Israelites as the one and only God, and he showed it by going into Egypt, which had, according to the Egyptians, the most powerful gods, and he took Israel out of Egypt showing his power and made them into a nation with him as their God.
- That revelation was a preparation so that one day God would send his Son and reveal to us that not only was there One God alone, which was what the Israelites believed, but that God is the Trinity: Father, Son, and Holy Spirit.
- It's the greatest mystery of our faith.

In today's Second Reading Paul describes what happens to us at Baptism.

- On the day you were baptized, a minister poured water on your head (or immersed you in the water) three times, and each time he poured it he said: "I baptize you in the name of the Father ... and of the Son ... and of the Holy Spirit."
- Whenever we start our prayers, we remember this day of our baptism by making the Sign of the Cross and remembering the Holy Trinity and how God came into our hearts through our baptism.

Near the end of today's Gospel Our Lord tells the disciples to go out and baptize everyone in the name of the Father and of the Son and the Holy Spirit.

- The mystery of God is what we believe, and it is what we, as believers, share. We may not completely understand the Most Holy Trinity, but we believe.
- Everything we do as believers we do in the name of the Father, the Son, and the Holy Spirit.
- The Lord reminded the disciples, and he reminds us, that it is in the power of the Most Holy Trinity and counting on his presence that we spread the Gospel and baptize. There's no reason to doubt.

### Thank Each Person of the Most Holy Trinity This Week

- Thank God the Father for creating us and revealing himself to Israel as the One True God.
- Thank God the Son for obeying his Father in Heaven and coming down and becoming man to show us that God was Our Father and enabling us to become his adopted children.
- Thank the Holy Spirit for transforming us into God's adopted children and for bringing the Holy Trinity into our hearts and helping us to understand and live this great mystery of our faith.
- Like the candle service at the Easter Vigil, we are called to pass on the light we have received, to spread this wonderful knowledge to everyone around us.
- This was Christ's final command: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit."

As we continue with this Mass,

- let's thank God for giving us this wonderful knowledge,
- and let's promise to do our best to use well the great power it puts in our hands, and let's ask the Lord to help us fulfill our responsibility as his messengers better and better, starting today.

# SUNDAY'S READINGS

## FIRST READING:

This is why you must now know,  
and fix in your heart, that the LORD is God  
in the heavens above and on earth below,  
and that there is no other. (Dt 4:39)

## PSALM:

Blessed the people the Lord has chosen to be his own. (Ps 33)

## SECOND READING:

Those who are led by the Spirit of God are sons of God.  
For you did not receive a spirit of slavery to fall back into fear,  
but you received a Spirit of adoption,  
through whom we cry, "Abba, Father!" (Rom 8:14-15)

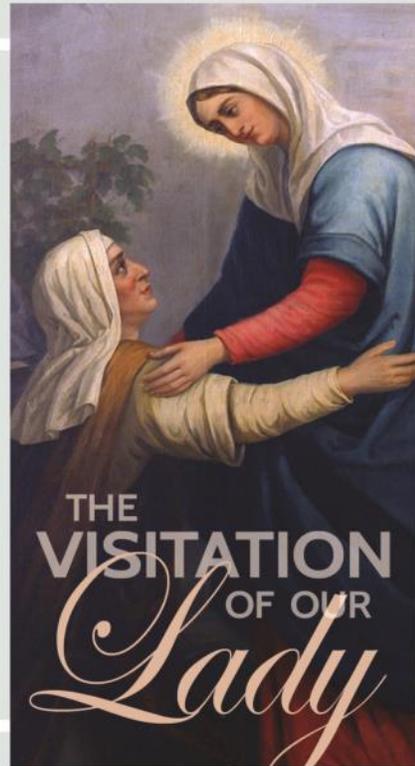
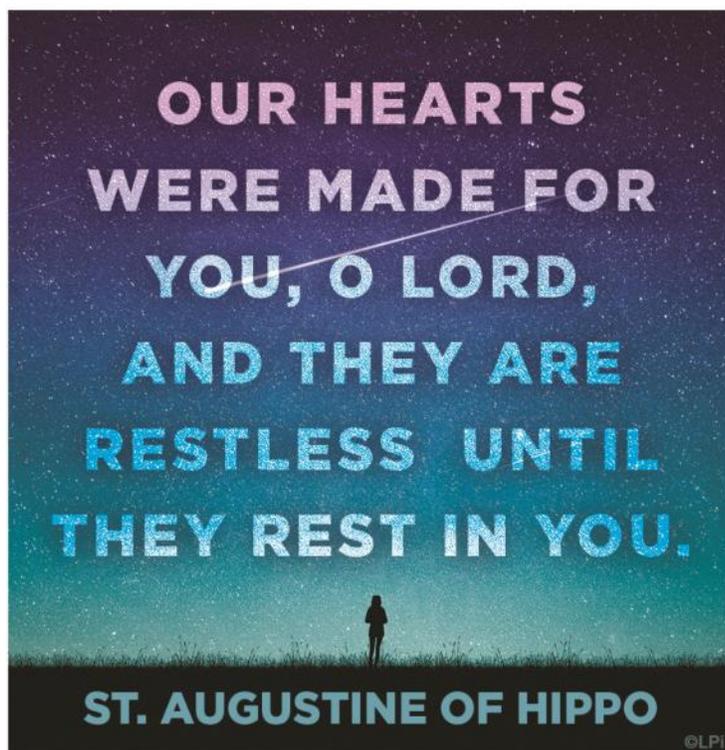
## GOSPEL:

"And behold, I am with you always, until the end of the age." (Mt 28:16)

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## OBSERVANCES FOR THE WEEK OF MAY 30, 2021

Sunday: The Most Holy Trinity  
Monday: The Visitation of the Blessed Virgin Mary; Memorial Day  
Tuesday: St. Justin, Martyr  
Wednesday: Sts. Marcellinus and Peter, Martyrs  
Thursday: St. Charles Lwanga and Companions, Martyrs  
Saturday: St. Boniface, Bishop and Martyr  
Next Sunday: The Most Holy Body and Blood of Christ



## REFLECT

### FIRST READING

In the closing remarks of the speech delivered to the Israelites in the desert, Moses reflects on God's fidelity and love for them. In return for God's favor, the Israelites are instructed to keep God's statutes and commandments. Why do you think so many people are resistant to this divine expectation?

### SECOND READING

Paul sees the Holy Spirit as integral to our identity as "children of God" and "joint heirs with Christ." How do you sense our Triune God at work in your life?

### GOSPEL READING

We hear today the closing words in the Gospel of Matthew — Jesus' final commissioning of the disciples to evangelize and baptize in the name of the Father, Son, and Holy Spirit. What insights to the nature of God does this divine relationship offer?