



Our Lady of Lourdes Parish

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY

6:00 pm (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

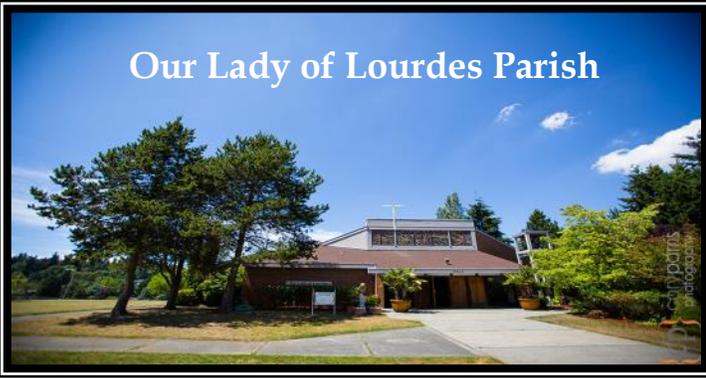
ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration
6:00 pm Mass

CONFESSIONS

Saturday 4:30 pm - 4:50 pm
Sunday 8:00 am - 8:20 am
Tuesday - Friday 5:30 pm - 5:50 pm

Our Lady of Lourdes Parish



PARISH STAFF

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PARISH OFFICE HOURS

Monday: Closed
 Tuesday & Friday: Please Call for Appointment
 Wednesday: 9:30am - 3:00pm
 Thursday: 9:30am - 3:00pm
 Please leave a message if no one answers and your call will be returned.

archseattle.org/lent

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|-----------------------|-------------------|
| Donation | \$4,412.46 |
| Donation Online | \$1,615.00 |
| Maintenance Fund | \$90.00 |
| Debt Reduction | \$0 |
| Total Donation | \$6,117.46 |



THANK YOU for your generous support of The Catholic Relief Services Collection and for **revealing Christ's love** to those who are poor and marginalized around the world. If you missed the collection, it's not too late to give! Just visit www.usccb.org/nationalcollections for more information.

**COLLECTED
 \$3,554.05**



MAKING A DIFFERENCE...Hunger impacts millions of women, men and children around the world. Throughout Lent we have encountered communities in Guatemala, Bangladesh and Rwanda that are overcoming this problem so their members can have brighter futures. How is your community working to address hunger or other injustices locally and globally? Visit crsricebowl.org to learn more.



Just a reminder that parishes, your pastor(al leader), parish staff/volunteers, will NEVER ask you to give them a donation directly. The parish will only be collecting funds for:•annual parish stewardship•the Annual Catholic Appeal•special collections that are publicized at Mass and in the bulletin. If you receive a request for a gift that appears to come from the parish, your pastor(al leader), or parish staff/volunteers that isn't for one of the above, you should ignore this request.

Go and Sin No More

Imagine you're in a tunnel, standing on a train track, and a train is hurtling towards you. There's no time to run back, and the walls of the tunnel are pressed up against the track. You can't get out, and the train is coming.

Something similar was happening to the woman we just heard about in today's gospel.

- In Jewish law, the three gravest sins were murder, idolatry, and adultery. All 3 were punishable by death.
- This woman is caught in the act of adultery. And the Pharisees, the religious leaders of the time, know it. She can't escape.
- The penalty is death by stoning.

She is expecting death.

- Maybe she's wishing she had a second chance.
- The cruelty of the Pharisees must be terrible for her. They really don't care about her at all; they just want to use her to trap Jesus.
- But worst of all must be the shame. We've all sinned; we've all experienced shame, that burning desire to crawl into the ground and disappear. Imagine how great hers must have been. And the crowd is mocking her.

But Jesus does not condemn her. He forgives her. When he looks at her, he sees what St Paul says in Ephesians 2:10: "You are God's masterpiece."

- St Augustine, commenting on this gospel passage we just heard, says that a great misery meets a great mercy. In Latin it sounds really good: misery is *miseria* and mercy is *misericordia*. So a great *miseria* meets an even greater *misericordia*.

And this leads to true conversion. John Paul II once said: "We are not the sum of our weaknesses and failures; we are the sum of the Father's love for us and our real capacity to become the image of his Son."

- When we meet that love, in Jesus, it moves us to change in response.
- This is why Jesus says to the woman, "Go, and sin no more."

We are called to a new relationship with God. We come as sinners, and we leave forgiven. God is with us. Christ heals us, fills us with joy, and challenges us to be saints. Go, and sin no more.

Forgive

When Christ says "Go and sin no more," what does that mean for our own lives?

It's an invitation to a new way of life. Lent is a time the Church gives us to enter into that new way of life. Let's make the most of the remainder of Lent to do exactly that.

- When our sins are forgiven, it brings us to want to live differently.
- It brings us to want to be saints.

One very practical result is that it brings us to forgive others. It's very easy to hold rancor in our hearts when someone hurts us.

- It can be in little ways, like when someone cuts us off in traffic or fails to invite us to a party.
- It can be in major ways, like a betrayal or a rejection.

But when Christ says "Go, and sin no more," he's saying that with his power we can truly forgive others. Here's a tip to help do that. When angry thoughts towards someone pop up, say a quick prayer: "Jesus, I pray for that person who hurt me. Help me to forgive as you forgive."

When we receive Christ in the Eucharist, let's ask him to help us to forgive. And we begin to experience the peace that goes beyond what we can imagine. Christ forgives us, he lifts us up, and he tells us "Go and sin no more."



“LET THE ONE AMONG YOU WHO IS WITHOUT SIN BE THE FIRST TO THROW A STONE AT HER.” -JOHN 8 1-11

Jesus' mercy towards the adulterous woman in today's Gospel reading reminds us that God's grace and mercy are far greater than our sin. Go to archseattle.org/lent to read Archbishop Etienne's reflection and also find Lenten inspiration, encouragement and more.

Lent: A time of renewal

Learn more at archseattle.org/lent

He Was Tempted, Mike Moyers/Ascension Press