

# Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

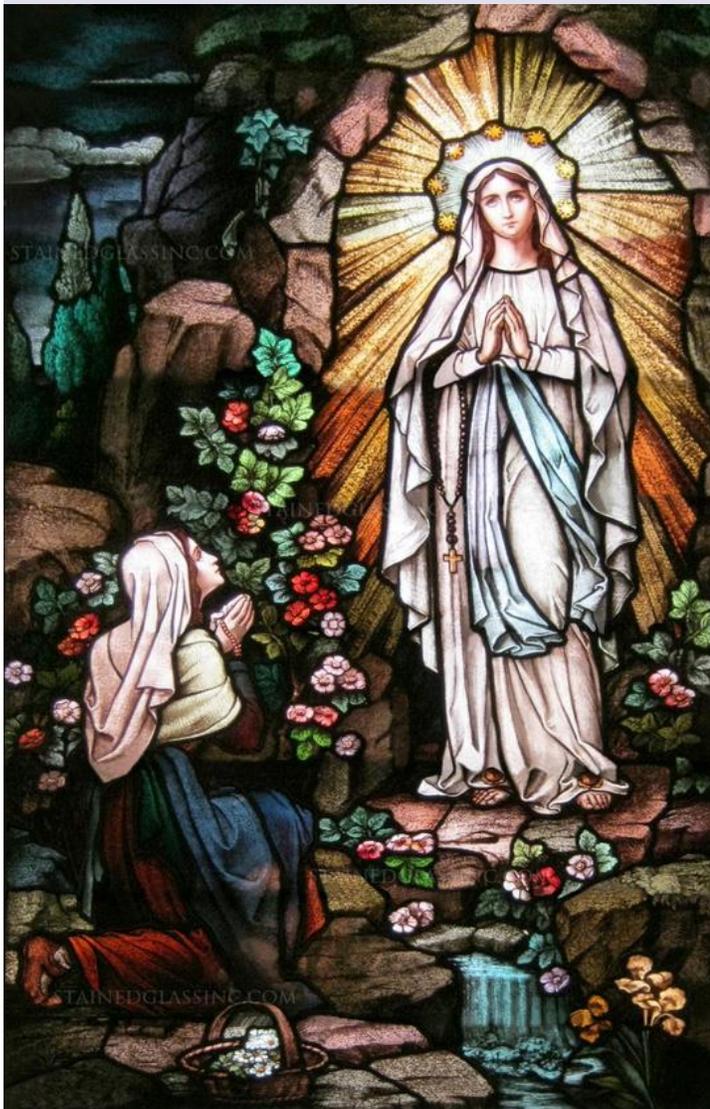
MAILING ADDRESS:  
P.O. BOX 69206  
SEATAC, WA 98168 - 9206

206-735-7598

WWW.DUCMELODUCSEATTLE.ORG

WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.



## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### HOLY THURSDAY, GOOD FRIDAY, HOLY SATURDAY MASSES

English Masses held at St. Thomas Parish  
Register at [www.saintthomastukwila.org](http://www.saintthomastukwila.org)

EASTER SUNDAY 8:30 am - English

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

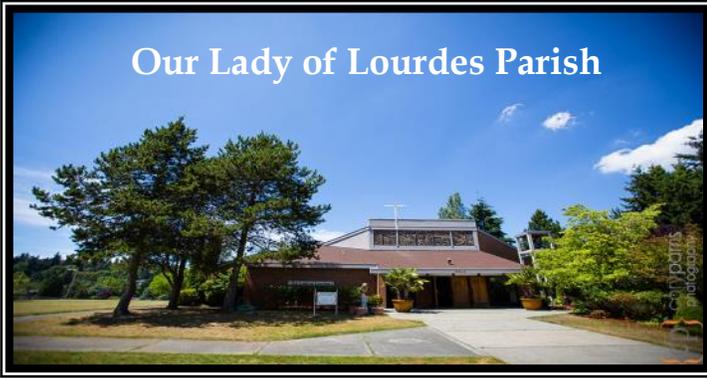
## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30pm Adoration  
6:00pm Mass

## CONFESSIONS

Saturday 4:30pm – 4:50pm  
Sunday 8:00am – 8:20am  
Also by Appointment

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
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206-735-7598 ext. 1

#### Pastoral Assistant

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#### Administration/Data Entry

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#### Liturgy Coordinator

Barb Ridge  
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#### Volunteer Facility Manager

Tang Nguyen  
tang.nguyen@ollp.org

### PARISH OFFICE HOURS

Monday: Closed  
Tuesday & Friday: Please Call for Appointment  
Wednesday: 9:30am - 3:00pm  
Thursday: 9:30am - 3:00pm  
Please leave a message if no one answers and your call will be returned.

### FINANCIAL STEWARDSHIP:

Donation	\$2,034.00
Donation Online	\$2,312.00
Maintenance Fund	\$25.00
Debt Reduction	\$0
Children's Donation	\$0
<b>Total Donation</b>	<b>\$4,371.00</b>



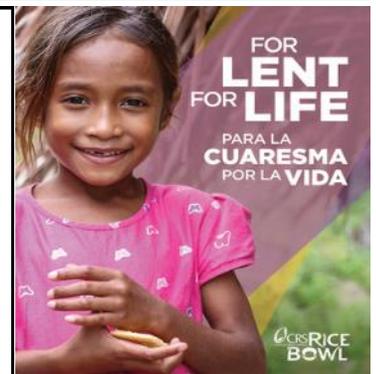
#### CATHOLIC RELIEF SERVICES

COLLECTED: \$1,836

Thank you for sharing your blessings with the less fortunate and giving families and communities a new start.

#### COMMUNITY IN MADAGASCAR

Poor nutrition can lead to devastating long term consequences for individuals, communities and entire countries. That's why communities must work together to ensure that all children have access to better food and nutrition. New planting and cooking techniques are helping many communities in Madagascar improve the health and wellbeing of their children. How does your community work together for the good of others? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.



[crsricebowl.org](http://crsricebowl.org) | [crsplatodsarros.org](http://crsplatodsarros.org)



To mark the 150th anniversary of the declaration of Saint Joseph as Patron of the Universal Church, Pope Francis proclaimed a "Year of St. Joseph". He started this year on December 8, 2020, in his Apostolic Letter, Patris corde, ("With a Father's Heart").

Learn more at:

<https://archseattle.org/year-of-st-joseph/>

#### Sunday Readings

#### 5th Sunday of Lent

Jeremiah 31: 31-35; Hebrews 5: 7-9  
John 12: 20-33



Unless a grain of wheat falls into the ground and dies, it remains just a grain of wheat.

Please email [jadelyn.stoll@gmail.com](mailto:jadelyn.stoll@gmail.com) to request a tax donation letter .  
Letters were mailed to those who donated \$250 or more for the year 2020. Thank you.

## Our Lives Must Bear the Sign of the Cross

During his public ministry, Jesus had made it clear that one condition for being his follower was bearing the cross.

- "If anyone wants to be a follower of mine, let him renounce himself and take up his cross every day and follow me" (Luke 9:23).
- As his passion draws near, he energetically reiterates this same condition:
- "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."

To be a Christian is to be where Christ is: "Whoever serves me must follow me, and where I am, there also will my servant be."

- And where is Christ?
- He is always pouring out his life for others on the cross, giving himself for the good of others through self-forgetful love.
- This is the lesson of the Gospels, and of the Eucharist - the extension throughout history of Christ's self-sacrifice on Calvary.

And so, that's also where we should be: giving our lives for God and our neighbors.

- Christ's great commandment was to love others as he has loved us.
- He taught this lesson by example on the cross, and with words during the Last Supper: "A man can have no greater love than to lay down his life for his friends" (John 15:13).
- St Paul learned this lesson well; he was always talking about the cross.
- He wrote to the Corinthians: "...the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ" (1 Corinthians 2:2).

As followers of Christ, we should expect crosses, difficulties, and even, at times, persecution.

To be a true Christian involves not just wearing a crucifix or hanging one on the wall, but bearing the sign of the cross in the very marrow of our lives.

### Carrying Our Crosses with Christ

Whether or not we believe in Christ, we will still have to bear crosses.

- Life in a fallen world is full of crosses, no matter what.
- No one is an exception when it comes to suffering and struggling in life.
- But as Catholics, members of Christ's mystical body, we can find meaning in these crosses. The trick to doing that is to carry them with Christ, instead of trying to carry them alone.

The cross that Jesus carried wasn't really his cross.

- He had never sinned, never had a selfish thought or performed an evil act.
- The cross that he carried, the sin that he atoned for, was ours. And this is our comfort: we are never alone. In the midst of life's joys, Jesus is at our side.
- And in the midst of life's crosses, Jesus is also at our side.
- The cross only becomes unbearable and unfruitful when we forget this.

So, the key question is: How can we remember? How can we avoid the deep frustration and sadness that come from trying to carry our crosses alone?

We must become men and women of prayer.

- Prayer must become as important for our souls as breathing is for our bodies.
- There is no other way.

Jesus is with us now, because we are gathered in his name. And through the Eucharist he is about to come among us in an even deeper way. As he does, let's pray as Greek visitors prayed: "Father, we would like to see Jesus, so that we never have to carry our crosses alone."

# WEEKLY PRAYER

## READINGS FOR THE WEEK OF MARCH 21, 2021

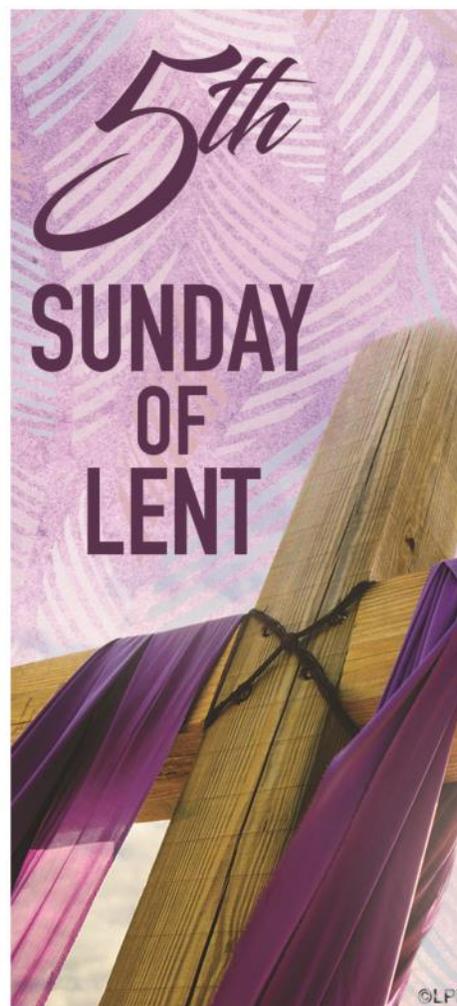
- SUN 3/21** Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 [12a]/Heb 5:7-9/Jn 12:20-33 or Ez 37:12-14/Rom 8:8-11/Ps 130:1-2, 3-4, 5-6, 7-8 [7]/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45
- MON 3/22** Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6 [4ab]/Jn 8:1-11
- TUE 3/23** Nm 21:4-9/Ps 102:2-3, 16-18, 19-21 [2]/Jn 8:21-30
- WED 3/24** Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56 [52b]/Jn 8:31-42
- THR 3/25** Is 7:10-14; 8:10/Ps 40:7-8, 8-9, 10, 11 [8a, 9a]/Heb 10:4-10/Lk 1:26-38
- FRI 3/26** Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7 [cf. 7]/Jn 10:31-42
- SAT 3/27** Ez 37:21-28/Jer 31:10, 11-12abcd, 13 [cf. 10d]/Jn 11:45-56
- SUN 3/28** Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 [2a]/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39

## OBSERVANCES FOR THE WEEK OF MARCH 21, 2021

- Sunday:** 5<sup>th</sup> Sunday of Lent
- Tuesday:** St. Turibius of Mogrovejo, Bishop
- Thursday:** The Annunciation of the Lord
- Sunday:** Palm Sunday of the Passion of the Lord; Holy Week begins

## LIVE THE LITURGY Inspiration for the week

How do we convince people that God's law is written upon their hearts? God is wedded to God's people. This is a simple and fundamental fact of life. Yet, many ignore this truth and carry on as if they, or humanity as a whole, are the center of the universe. As a grain of wheat has to fall to the ground and die in order to become what it really is, we too must die to our secular images and ideas of ourselves so that we can become who God really made us to be. If all of us kept our focus on God's deep bonded love with human beings, indeed with our very self, then there would be no need to teach others this fundamental life lesson. They would simply know this truth, as Jeremiah tells us. Somehow, perhaps through original and personal sin, we have lost sight of this reality. We have lost our way and our axis. It is time to find our way back, to learn the virtue of obedience, to pay attention to what God is saying and become aware of the Divine Love that is the reason for all creation. Then, even in our darkest hour when all may seem to be lost, we can say as did Jesus, the model of obedience, "Father, glorify your name," By this perseverance, people can come to know the Lord and what God has done.



*"Bloom  
where you  
are planted."*

— ST. FRANCIS DE SALES