



# Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

MAILING ADDRESS:  
P.O. BOX 69206  
SEATAC, WA 98168 - 9206

206-735-7598

[WWW.DUCMELODUCSEATTLE.ORG](http://WWW.DUCMELODUCSEATTLE.ORG)

**WELCOME!**

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE



8:30 AM Mass (English)  
 10:30 AM Mass (Vietnamese)  
 12:30 PM (Vietnamese)

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration  
6:00 pm Mass

## CONFESSIONS

Saturday 4:30 pm - 4:50 pm  
Sunday 8:00 am - 8:20 am  
Tuesday - Friday 5:30 pm - 5:50 pm

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
Frjoseph.vu@ollpsea.org

#### Parochial Vicar

Fr. Paul Thanh Vu, S.D.D.  
Thanh.Vu@ollpsea.org

#### Parish Secretary

Thu Thai Duong  
thu.duong@ollpsea.org

#### PA Administration/Bookkeeper

Jadelyn Manuel  
jadelyn.stoll@gmail.com

#### Administration/Data Entry

Michelle Miller  
Michelle.Miller@ollpsea.org

#### Administration/Data Entry

Monica Schwarz  
Monica.schwarz@ollpsea.org

### PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

**PARISH OFFICE 206-735-7598**

Sacrament of Anointing the Sick: Ext. 1

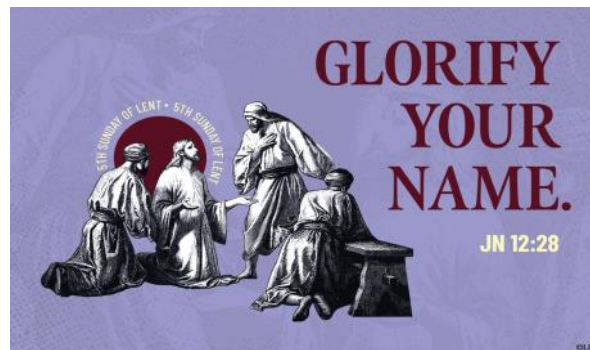
Parish Staff: Ext. 2

Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.

### FINANCIAL STEWARDSHIP - MARCH 9 & 10, 2024

Donation	\$3,865.00
Donation Online	\$1,900.00
Maintenance Fund	\$35.00
Debt Reduction	\$0
<b>Total Donation</b>	<b>\$5,800.00</b>



Vanco online donation system is being transferred to the Pushpay system. The parish will have instruction and support session for parishioners after the Masses of the first and second weekends of the month of April, 4/6/24-4/7/24 and 4/13/24-4/14/24. To help everything goes smoothly when transferring to the Pushpay system, you will need a mobile phone number, an email address, a credit or debit card to deposit your donation or bring a bank check. You can also use the QR codes provides here to create your account from the comfort of your home. We appreciate and thank you for all your support.



Our Lady of Lourdes, Seattle



## 5TH SUNDAY OF LENT

### HOMILY BY FATHER JOSEPH VU

#### Our Lives Must Bear the Sign of the Cross

During his public ministry, Jesus had made it clear that one condition for being his follower was bearing the cross.

- "If anyone wants to be a follower of mine, let him renounce himself and take up his cross every day and follow me" (Luke 9:23).
- As his passion draws near, he energetically reiterates this same condition:
- "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."

To be a Christian is to be where Christ is: "Whoever serves me must follow me, and where I am, there also will my servant be."

- And where is Christ?
- He is always pouring out his life for others on the cross, giving himself for the good of others through self-forgetful love.
- This is the lesson of the Gospels, and of the Eucharist - the extension throughout history of Christ's self-sacrifice on Calvary.

And so, that's also where we should be: giving our lives for God and our neighbors.

- Christ's great commandment was to love others as he has loved us.
- He taught this lesson by example on the cross, and with words during the Last Supper: "A man can have no greater love than to lay down his life for his friends" (John 15:13).
- St Paul learned this lesson well; he was always talking about the cross.
- He wrote to the Corinthians: "...the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ" (1 Corinthians 2:2).

As followers of Christ, we should expect crosses, difficulties, and even, at times, persecution.

To be a true Christian involves not just wearing a crucifix or hanging one on the wall, but bearing the sign of the cross in the very marrow of our lives.

#### Carrying Our Crosses with Christ

Whether or not we believe in Christ, we will still have to bear crosses.

- Life in a fallen world is full of crosses, no matter what.
- No one is an exception when it comes to suffering and struggling in life.
- But as Catholics, members of Christ's mystical body, we can find meaning in these crosses.
- The trick to doing that is to carry them with Christ, instead of trying to carry them alone.

The cross that Jesus carried wasn't really his cross.

- He had never sinned, never had a selfish thought or performed an evil act.
- The cross that he carried, the sin that he atoned for, was ours.
- And this is our comfort: we are never alone.
- In the midst of life's joys, Jesus is at our side.
- And in the midst of life's crosses, Jesus is also at our side.
- The cross only becomes unbearable and unfruitful when we forget this.

So, the key question is: How can we remember?

How can we avoid the deep frustration and sadness that come from trying to carry our crosses alone?

We must become men and women of prayer.

- Prayer must become as important for our souls as breathing is for our bodies.
- There is no other way.

Jesus is with us now, because we are gathered in his name.

And through the Eucharist he is about to come among us in an even deeper way.

As he does, let's pray as Greek visitors prayed: "Father, we would like to see Jesus, so that we never have to carry our crosses alone."

# Weekly Prayer

## Sunday's Readings

### First Reading:

All, from least to greatest, shall know me, says the LORD,  
for I will forgive their evildoing and remember their sin  
no more. (Jer 31:34)

### Psalm:

Create a clean heart in me, O God. (Ps 51)

### Second Reading:

Son though he was, he learned obedience from what  
he suffered;  
and when he was made perfect,  
he became the source of eternal salvation for all who  
obey him. (Heb 5:8-9)

### Gospel:

"Unless a grain of wheat falls to the ground and dies,  
it remains just a grain of wheat;  
but if it dies, it produces much fruit." (Jn 12:24)

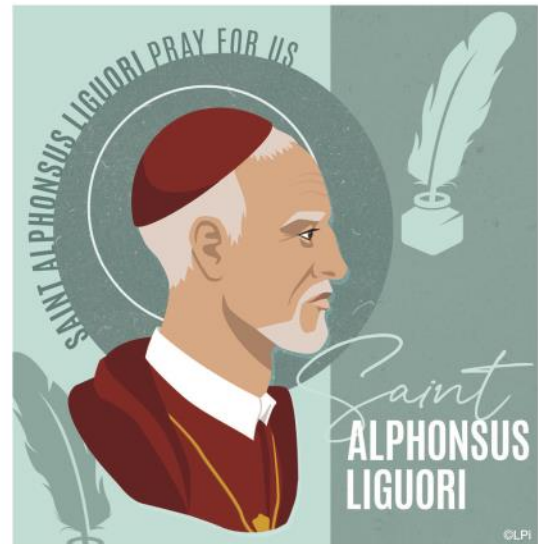
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## Live The Liturgy Inspiration of the Week

Jesus reminds us that the grain of wheat can never realize its potential without sacrifice. God has a plan for each one of us. May He give you strength to become who you were born to be.

## Observances for the week of March 17, 2024

- Sunday:** 5th Sunday of Lent
- Monday:** St. Cyril of Jerusalem, Bishop and Doctor of the Church
- Tuesday:** St. Joseph, Spouse of the Blessed Virgin Mary
- Saturday:** St. Turibius of Mogrovejo, Bishop
- Next Sunday:** Palm Sunday of the Passion of the Lord, Holy Week begins



## Saint of the week

St. Alphonsus Liguori, (1696-1787) was a prolific theologian and founder of the Congregation of the Most Holy Redeemer (The Redemptorists). Renowned for his profound devotion to the Eucharist and insightful theological teachings, he is the patron saint of moral theologians.

## Prayer of Bold Ask

God in heaven,  
Hear me as I call to you! Pour  
new life into me! Renew my  
heart in Your word! Help me to  
know You! Help me to glorify  
You, worship You, and trust  
You. Amen.