

Our Lady of Lourdes Parish

10243 12TH AVENUE SOUTH SEATTLE, WA 98168

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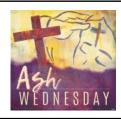
> > 206-735-7598

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE



ASH WEDNESDAY February 14th

Mass Times: 10:30 AM Bilingual (English & Vietnamese)

5 PM and 7 PM - Vietnamese

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY 6:00 pm (Vietnamese)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration 6:00 pm Mass

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

CONFESSIONS

Saturday 4:30 pm - 4:50 pm Sunday 8:00 am - 8:20 am Tuesday - Friday 5:30 pm - 5:50 pm



PARISH STAFF

PASTOR:

Father Joseph Vu, S.D.D., STL Frjoseph.vu@ollpsea.org

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Ministry Coordinator

Tang Nguyen (Volunteer Staff)
Tang.nguyen@ollpsea.org

PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

Parish Office 206-735-7598

Sacrament of Anointing the Sick: Ext. 1

Parish Staff: Ext. 2

Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.

FINANCIAL STEWARDSHIP - JANUARY 27 & 28, 2024

Donation	\$4,778.93
Donation Online	\$1,190.00
Maintenance Fund	\$30.00
Debt Reduction	\$0
Total Donation	\$5,998.93



Lenten Fasting & Abstinence for Catholics

WHEN:

Ash Wednesday & Good Friday =
Fasting & Abstinence
Every Friday = Abstinence

WHO:

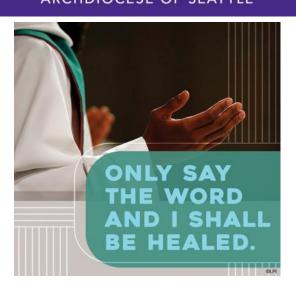
Catholics 14+ practice abstinence Catholics 18-59 practice fasting

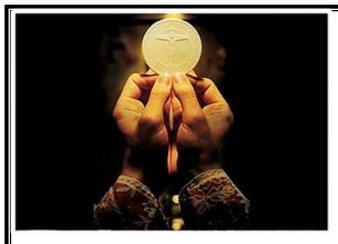
WHAT IS FASTING?

One full meal & two smaller meals ≠ full meal

WHAT IS ABSTINENCE?
No meat

ARCHDIOCESE OF SEATTLE





5TH SUNDAY IN ORDINARY TIME HOMILY BY FATHER JOSEPH VU Christ Is a Man for Others

Simon Peter and the other disciples come to him the morning after a day like none they had ever known before.

Christ's popularity was at a zenith.

His preaching was a huge success.

He dramatically expelled a demon right in the middle of the synagogue.

And he had spent the entire evening of the Sabbath working miraculous cures and amazing exorcisms.

The next morning, his disciples must have been wild with excitement.

They may have even thought that Jesus would claim the Messianic kingship right away and gather an army to cast off the despicable Roman occupiers.

And so, when they awoke to find him gone from the house, and a growing crowd of townspeople clamoring to see him, they were confused.

They frantically organized a search party and scour the area.

But when they find him, alone in prayer on the mountaintop, and they tell him that everyone is looking for him, Christ's answer is surprising.

He tells them it's time to move on, that his mission isn't to maximize his popularity, but to preach the gospel to all of Israel - this is what his Father sent him to do, and no opportunity for mere personal glory will distract him from it.

This was the first installment of a lesson that Jesus would teach over and over, by words and actions: he is not a political figure looking to climb the ladder of success; he is a servant and a messenger, a man for others.

In a world that tends to idolize "success" and "achievement," where great souls are withered by the rat race of petty promotions and vaporous rewards, the selfless, transcendent purpose of a man entirely focused on fulfilling someone else's plan (i.e., God's), is like a bright star shining in the darkness.

Being Advertisements for Christ

One reason so many people find it so hard to believe in Jesus or to follow him is because they don't see Jesus as a man for others.

Instead, they see Jesus as harsh and judgmental.

That is not the Jesus of the Gospels, the Jesus of the crucifix, the Jesus of the Eucharist.

So why do they think of him that way?

One of the most common reasons is what the Catechism calls the "counter-witness" of Catholics.

Every one of us is an advertisement for Christ.

As Catholics, we have identified ourselves with Christ and his Church.

And so, people who are outside the Church look at us to get an idea of what Christ is like.

If we gossip, criticize, and talk trash just as much as everyone else,

if we live pleasure-seeking, self-indulgent lives, getting drunk and sleeping around just like everyone else,

if we look out for number one instead of looking out for our neighbor,

if we lie, cheat, cut others down, and manipulate, just like everyone else,

well then, is it any mystery why people who know that we are Christ's followers don't decide to follow Christ themselves?

But if they see us walking away from gossip sessions and defending people's reputations,

if they see us living balanced, well-ordered and joyfully disciplined lives,

if they see us as compassionate, forgiving, and yet firm in our moral commitments,

if they see us trying to swim against the current of the corrupt, ego-centric culture that is tearing society apart, well, then, in that case, they will be drawn towards Christ, not pushed away from him.

As Jesus gives himself to us in today's Mass, let's beg his pardon for the times we have been counterwitnesses, and let's beg his grace to help us be better advertisements for his Kingdom during this coming week.

Weekly Prayer

Sunday's Readings

First Reading:

I am filled with restlessness until the dawn. (Jb 7:4)

Praise the Lord, who heals the brokenhearted. (Ps 147) Or: Alleluia.

Second Reading:

If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! (1 Cor 9:16)

Gospel:

He cured many who were sick with various diseases, and he drove out many demons. (Mk 1:34)

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Live The Liturgy Inspiration of the Week

Jesus went from town to town, synagogue to synagogue, following the need. He follows it still, to this very day. Your life is the town he is visiting, your heart the synagogue where he preaches. Remember that for this purpose he has come.

Observances for the week of February 4, 2024

5th Sunday in Ordinary Time Sunday:

Monday: St. Agatha, Virgin and Martyr

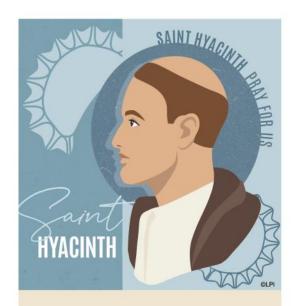
Tuesday: St. Paul Miki and Companions, Martyrs

Thursday: St. Jerome Emiliani; St. Josephine Bakhita, Virgin

Saturday: St. Scholastica, Virgin

Next Sunday: 6th Sunday in Ordinary Time,

World Marriage Day



Saint of the week

St. Hyacinth of Poland's devotion to the Christ in the Eucharist ignited a missionary fire that spread the Gospel across Central and Eastern Europe. He established Dominican communities all over Poland and is the patron saint of the pierogi!

Prayer for God's presence

Dear Jesus,

Reveal yourself to me! When I am alone and in darkness, fill me with your light. I want to know you, I want to experience your healing. Be with me, Lord.

Amen.