



# *Our Lady of Lourdes Parish*

10243 12TH AVENUE SOUTH  
SEATTLE, WA 98168

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## WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration  
6:00 pm Mass

## CONFESSIONS

Saturday 4:30 pm - 4:50 pm  
Sunday 8:00 am - 8:20 am  
Tuesday - Friday 5:30 pm - 5:50 pm

## Our Lady of Lourdes Parish



### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
Frjoseph.vu@ollpsea.org

#### Parochial Vicar

Fr. Paul Thanh Vu, S.D.D.  
Thanh.Vu@ollpsea.org

#### Parish Secretary

Thu Thai Duong  
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#### PA Administration/Bookkeeper

Jadelyn Manuel  
jadelyn.stoll@gmail.com

#### Administration/Data Entry

Michelle Miller  
Michelle.Miller@ollpsea.org

#### Administration/Data Entry

Monica Schwarz  
Monica.schwarz@ollpsea.org

#### Safe Environment & Facilities Manager

Tang Nguyen (Volunteer Staff)  
Tang.nguyen@ollpsea.org

### PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

**PARISH OFFICE 206-735-7598**

Sacrament of Anointing the Sick: Ext. 1  
Parish Staff: Ext. 2  
Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.

### FINANCIAL STEWARDSHIP (OCT. 7TH & OCT. 8TH)

Donation	\$5,571.00
Donation Online	\$2,230.00
Maintenance Fund	\$35.00
Debt Reduction	\$0
Total Donation	\$7,836.00

### World Mission Sunday (10/21-10/22)

Mission Sunday is celebrated the world over. Remembering that we are baptized and sent as a Universal Church, this collection for the Society for the Propagation of the Faith ensures the work and service of the Mission Church, as it supports mission priests, religious Sisters and Brothers, and lay catechists who are Christ's witnesses to the most vulnerable communities.



**PARTNERS  
IN THE GOSPEL**

[www.archseattle/partners](http://www.archseattle/partners)



### Live The Liturgy Inspiration of the Week

The goodness and mercy of God are gifts He wants to share with each one of us, but we have to be ready to receive them. Let's be prepared for whatever the Lord will ask of us this week.

## 28TH SUNDAY IN ORDINARY TIME

Homily by Father Joseph Vu

### Christianity Is Not Self-Help

In today's developed world the self-help industry is gigantic.

- Every year dozens of best-selling books and multi-media products flood the market with quick-and-easy methods to turn your life around and achieve perfect happiness.
- Scores of modern-day gurus travel the wealthy corridors of modern, secular society giving seminars and workshops on how to live-your-best-life-now, or how to release-the-potential-that-lies-within-you.
- Personal trainers, life-coaches, and emotion-management consultants are multiplying like rabbits.
- There is much good sense and some pearls of practical wisdom in all of this, which even sincere Christians benefit from.

And yet, there is a fundamental danger involved in the self-help sub-culture.

- There is a potent anti-Christian gene in its very DNA.
- The self-help mindset is convinced that happiness, a well-balanced life, a truly fulfilling life, is basically the product of our own efforts.
- But from a Christian perspective, that is a heresy (the ancient heresy of Pelagianism [peh-LAY-gee-ehn-ihz-uhm], technically speaking).
- If we could achieve our life's purpose by our own efforts and the right technique, Jesus would not have needed to come and save us.

But he did.

Original sin both damaged human nature in its very core, and also unleashed the powers of evil in this world.

The resulting battle for fulfillment, happiness, and meaning is a battle that we simply cannot win alone: we need God's grace.

- That's why today's First Reading describes paradise as a work of the Lord.
- That's why today's Psalm describes God as a wise and good shepherd who guides and cares for his needy sheep.
- That's also why today's Gospel shows the destruction of the little kingdoms that the invited, ungrateful guests made for themselves;
- there is only one true king, Christ, and everlasting peace and prosperity can only be attained in his Kingdom.

### Leaning on Christ

We need a Savior.

This is the first law of Christian spirituality: St Paul said in today's Second Reading, "I can do all things in him who strengthens me," through Christ! - Not through self-help techniques.

Finding what our hearts desire requires believing in Jesus, leaning on Jesus, following Jesus, obeying Jesus, staying close to Jesus.

Christianity is an ongoing adventure in which Jesus, the Good shepherd, takes the lead, using especially three things to guide us.

First, the sacraments.

- These are our supernatural air, water, and food.
- But unlike sheep, which eat good grass simply out of instinct, Christians have to consciously choose to feed on the sacraments.
- That means frequent Communion and visits to the Eucharist, frequent and regular confession, and not being afraid of the sacrament of anointing.

Second, Jesus guides us through the teaching of the Church.

- When we go for walks in the woods, many times we wander down what looks like a trail but is really a dead-end, and we have to retrace our steps, or we get lost.
- Official Church teaching on faith and morality is guaranteed by Christ to help us avoid spiritual dead-ends.
- We just have to take time to study and understand it.

Third, Jesus guides and nourishes us through prayer.

- When we pray, our friendship with Christ grows.
- A Christian who doesn't pray is a contradiction in terms.
- If we really care about our friendship with Christ, we will care about learning to pray better, and making prayer a priority.
- As Pope Benedict told the young people gathered in New York last spring (2008): "What matters most is that you develop your personal relationship with God. That relationship is expressed in prayer."

Today Jesus will renew his commitment to us in this Mass. When he does, let's renew our faith in him - he alone is the way, the truth, and the abundant life that all of us were created for.



# Liturgical Life

## (PRACTICING) CATHOLIC

### The Wedding Garment

I like to think that any self-respecting doomsday prepper would find something to admire in my van's stores of extra clothes, snacks, boredom-busting toys, sunscreen, and seasonal outerwear. You never know when you're going to pass a free splash pad or a particularly amazing sledding hill. And you never know when one of the kids is going to find the world's most irresistible mud pile or fall into a river.

All this pre-planning for fun and disaster, and still, I usually devote a fraction of that effort to spiritual preparedness.

I swap out my traveling first-aid kit every season, imagining hypothetical emergencies — and I push confession off another week. "I haven't committed any mortal sins," I tell myself, "And I'm just so busy."

I shove extra outfits into my car's trunk on the off-chance my son decides to paint himself in Go-Gurt — and I shrug off the daily examinations of conscience that could help me overcome a persistent sin.

I stock my purse with bags of Cheerios to ward off sneaky attacks of kid hunger — and I fall asleep without saying the Rosary, murmuring to myself: "I'm so tired. Mary understands."

I am overwhelmed by the here-and-now, consumed by the minutiae of earthly life, that I forget there is only one eventuality I — or any of us — can expect with any certainty. We will all be invited to the feast.

Is my van stocked for that?

*"The king said to him, 'My friend, how is it that you came in here without a wedding garment?'"*  
— Matthew 22:12

Colleen Jurkiewicz Dorman

## Why do we do that? Catholic Life Explained

### Question:

Is it right to sue someone? Isn't it a way of getting revenge?

### Answer:

Revenge is inflicting harm for harm's sake, the idea of an eye for an eye, a tooth for a tooth, and then some. There is often a fine line between justice and mercy, between compensation and forgiveness. Unfortunately, things can happen to us that cause harm, suffering, and damage, regardless of people's intentions. When someone is hurt, especially in such a way that special care or treatment is required, the cost of that care needs to be paid.

In a perfect world, those with special needs, handicaps, or disabilities would find the help and care they need, including those who are injured or hurt. But justice is not always forthcoming, and people are not always fair. So, using the legal system to right a wrong is sometimes the only option.

In some cases, it is the only way that people can get the help they need and deserve. However, frivolous lawsuits, or 'fishing for money' is not only unfair, but immoral as well. The law is there to protect people and making use of it when necessary is a good thing.