



# *Our Lady of Lourdes Parish*

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SEATTLE, WA 98168

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## WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

## MASS SCHEDULE

### SATURDAY

5:00 pm Vigil Mass (Vietnamese)

### TUESDAY - FRIDAY

6:00 pm (Vietnamese)

### SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

## ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration  
6:00 pm Mass

## CONFESSIONS

Saturday 4:30 pm - 4:50 pm  
Sunday 8:00 am - 8:20 am  
Tuesday - Friday 5:30 pm - 5:50 pm

## Our Lady of Lourdes Parish

### FINANCIAL STEWARDSHIP - JANUARY 20 & 21, 2024

Donation	\$4,055.00
Donation Online	\$1,560.00
Maintenance Fund	\$5.00
Debt Reduction	\$0
Total Donation	\$5,620.00

### PARISH STAFF

#### PASTOR:

Father Joseph Vu, S.D.D., STL  
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#### Parochial Vicar

Fr. Paul Thanh Vu, S.D.D.  
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#### Parish Secretary

Thu Thai Duong  
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#### PA Administration/Bookkeeper

Jadelyn Manuel  
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#### Administration/Data Entry

Michelle Miller  
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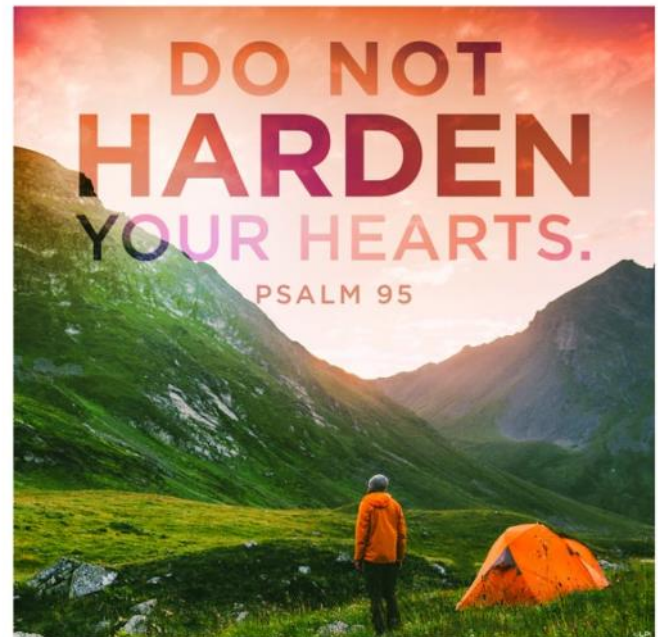
#### Administration/Data Entry

Monica Schwarz  
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#### Ministry Coordinator

Tang Nguyen (Volunteer Staff)  
Tang.nguyen@ollpsea.org

### Liturgical Life



In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25  
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI SUNDAY, JANUARY 28, 2024 | 4TH SUNDAY IN ORDINARY TIME

### PARISH OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

**PARISH OFFICE 206-735-7598**

Sacrament of Anointing the Sick: Ext. 1

Parish Staff: Ext. 2

Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.



**I ENCOURAGE YOU,  
DEAR STUDENTS,  
TO MAKE  
YOUR TIME  
OF FORMATION  
AN UNREMITTING  
QUEST FOR GOD**

*St. John Paul II | Catholic Schools Week*

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## 4TH SUNDAY IN ORDINARY TIME HOMILY BY FATHER JOSEPH VU



### Jesus Saves

Imagine how the man possessed by the unclean spirit would have felt after this dramatic incident.

He had been tormented by an evil presence perhaps for years.

His life was a series of momentary lulls amid constantly recurring and violent demonic attacks.

He could take little relief in family life or friendships, because they couldn't protect him either.

He had no way of carrying on a normal, peaceful existence.

To a great extent he had lost his most precious gift, freedom.

His only hope in the face of such a hell on earth was the direct intervention of God - a miracle.

In some way, each one of us can relate to that situation.

We are not possessed, but we all have our sufferings and temptations, often hidden, that seem to have a mysterious power over us, just as the devil had power over this man - until Jesus came along.

Maybe while this possessed man was listening to Jesus in the synagogue he felt the agitation of the evil spirit.

Maybe he could sense that the demon felt threatened.

Maybe he moved closer to the Lord, drawn by a mysterious, subconscious hope.

Suddenly the demon exerts his usual power, taking over the man's body and senses in order to lash out at the Messiah.

With a mere word, Jesus silences and expels him.

The man is thrown to the ground in a final burst of evil fury and then, silence. Peace.

Dare he believe it?

He opens his eyes and knows that he is now himself again, finally freed from the unspeakable torment.

His eyes meet Christ's; what gratitude fills his heart as he sees the love and gladness that shine from his Savior's face!

Jesus Christ came to bring new life and new hope to every human heart, and he rejoices whenever we let him have his way.

### Finding Jesus Today

This Jesus who saves is not a hero from the past, like Socrates or Julius Caesar.

He is just as real, alive, and present today as he was in that synagogue almost two thousand years ago.

He is here in the Eucharist, in the tabernacle, every day and every night, as the sanctuary lamp reminds us.

Whenever we need to let the power of his grace fortify our tired and weak souls, we can do so right here.

And Jesus is present in the confessional, through the ministry of his priest.

Whenever we need to be cleansed, forgiven, and healed by his grace, we can find him there, the very same Jesus who expelled demons and astonished the crowds.

And Jesus is also present in the Bible, the only book in the whole world directly inspired by the Holy Spirit.

When our worried hearts need to hear his words of wisdom, we can find him there.

And Jesus is present among us in this liturgy, because he promised that wherever two or three gather in his name, he will be there.

We believe these things with our heads, but do we believe them with our hearts?

When the Pope comes to visit a city or a town, everyone stops their normal activity and goes out to see him, to be with him.

And yet, the Pope is just the Vicar of Christ, Christ's second in command.

But we have Christ himself present in all these ways, all the time.

Today, as Jesus renews his commitment to us in this Mass, let's renew our commitment to him.

Let's put our hopes for happiness, meaning, and fruitfulness in his saving grace, not in our efforts alone.

And this week, let's actively seek out his presence, so that he can make the difference he wants to make in our lives.

# Weekly Prayer

## Sunday's Readings

### First Reading:

"I will raise up for them a prophet like you from among their kin,  
and will put my words into his mouth;  
he shall tell them all that I command him." (Dt 18:18)

### Psalm:

If today you hear his voice, harden not your hearts. (Ps 95)

### Second Reading:

An unmarried woman or a virgin is anxious about the things of the Lord,  
so that she may be holy in both body and spirit. (1 Cor 7:34)

### Gospel:

The people were astonished at his teaching,  
for he taught them as one having authority and not as the scribes. (Mk 1:22)

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## Live The Liturgy Inspiration of the Week

With one swift command, Jesus freed a man from the possession of evil spirits. He has that same power to banish the shadow of sin from our own lives. Let's invite him into our hearts, asking him to cleanse the darkness he finds there.

## Observances for the week of January 28, 2024

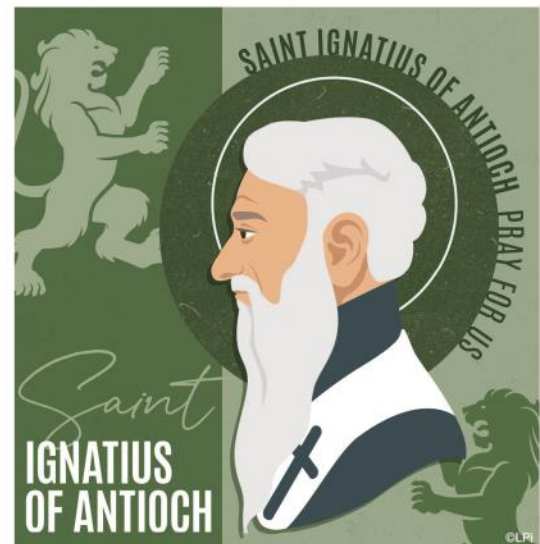
**Sunday:** 4th Sunday in Ordinary Time,  
Celebrate Catholic Schools Week

**Wednesday:** St. John Bosco, Priest

**Friday:** The Presentation of the Lord,  
World Day for Consecrated Life

**Saturday:** St. Blaise, Bishop and Martyr;  
St. Ansgar, Bishop

**Next Sunday:** 5th Sunday in Ordinary Time



## Saint of the week

St. Ignatius of Antioch, a bishop of Antioch in the first century, was a direct disciple of the apostle John. Despite being thrown to the lions and martyred in Rome's Colosseum for his faith, his teachings and hope for Christian unity live on as early examples of Christian theology.

## Prayer for the Youth

Dear Lord,

Be with our young people this week and always — keep them in Your care. Help them to form godly friendships, speak the truth, and know You in the personal way that will challenge, shape, and guide them. Amen.