

Our Lady of Lourdes Parish

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE

SATURDAY

5:00pm Vigil Mass (Vietnamese)

SUNDAY

8:30am Mass (English)

10:30am Mass (Vietnamese)

Livestream (Facebook and Youtube)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30pm Adoration
6:00pm Mass

CONFESSIONS

Saturday 4:30pm – 4:50pm
Sunday 8:00am – 8:20am
Also by Appointment

Our Lady of Lourdes Parish



PARISH STAFF

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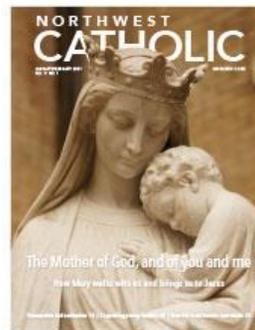
PARISH OFFICE HOURS

Monday: Closed
Tuesday & Friday: Please Call for Appointment
Wednesday: 9:30am - 3:00pm
Thursday: 9:30am - 3:00pm
Please leave a message if no one answers and your call will be returned.

FINANCIAL STEWARDSHIP:

Donation	\$2,043.00
Donation Online	\$1,152.00
Maintenance Fund	\$25.00
Debt Reduction	\$0
Children's Donation	\$0
Total Donation	\$3220.00

UPDATE: Annual Catholic Appeal Goal: \$23,323
As of 1/19/2021, Pledge & One Time Cash:
\$32,526, Payments received \$28,821, Rebate \$5,498



**UPCOMING
SPECIAL
COLLECTION:
Northwest
Catholic
Magazine
JANUARY 30-
31, 2021**

The Northwest Catholic Collection will be taken up next week at all Masses. Through Northwest Catholic magazine, NWCatholic.org and social media, the Church is able to enter every home with a message of hope that the world so desperately needs, especially in this time of social separation. For this reason, Northwest Catholic is sent free of charge to every registered Catholic household in Western Washington. Your donation is a great way to share the gift of faith with other. Thank you for your past and continued support of this annual collection.

Sunday Readings 3rd Sunday in Ordinary Time

Jonah 3: 1-5; 1 Corinthians 7: 29-31
Mark 1: 14-20



Jesus said to them, "Come after me, and I will make you fishers of men."

Mark 1: 17

Spiritual Detachment Leads to a Transformed Life and World

Today's readings teach us that this fleeting world is just a stop on the way to a greater and better one that will last forever. If we get bogged down in the things of this passing world, we'll pass away with them. The key to avoiding this is spiritual detachment.

In today's First Reading the prophet Jonah begrudgingly warns the people of Nineveh that if they don't repent of their sins, they'll be destroyed. Repentance is the first step of conversion. Our Lord at the start of his public ministry, which we recall in today's Gospel invited people to "Repent, and believe in the gospel."

Paul in today's Second Reading reminds us that if we get stuck on the things of this world, we will pass away just like them. Christian life implies a healthy detachment from the things of this world. Detachment is not the same as renunciation. It's not always about giving things up; instead, it is about using them properly to help you from here to eternity. It means relationships that don't separate you from your most important relationship: with God.

In today's Gospel Our Lord begins his ministry with a simple message and recruits four disciples who would soon become his apostles.

- John the Baptist had preached repentance, like Jonah, and was now under arrest.
- Our Lord goes beyond Jonah, starting at Galilee: he not only preached repentance, but the Gospel, the Good News able to not just forgive believers, but to transform them and transform the world. He intends that message to reach the whole world.
- Our Lord presents an opportunity for forgiveness and transformation that should not be passed up: "The kingdom of God is at hand."
- The Kingdom is not something that will come at the end of history. It comes with Christ (the King) himself and is meant to spread and grow, transforming the world.
- With Simon, Andrew, James, and John he took it one step further: he invited them to be his disciples and to help him with his work.
- It didn't mean abandoning the talents they had, just using them in a renewed way. Simon and Andrew would now be fishers of men. James and John left behind their family, their business, and their colleagues to follow Our Lord. Ultimately all four apostles laid down their lives to show that Our Lord was the one thing necessary for them. No matter what level of discipleship to which you are called, it always implies leaving something behind for the sake of something greater. It means leaving beside sin as the road to nowhere, but it can also mean leaving aside good things for the sake of more important, spiritual ones.

Take Three Steps to Greater Detachment This Week

- Detachment implies leaving something behind for the sake of something greater. Here are some practical steps toward greater detachment that you can try this week.
- Check your drawers, closets, and shelves and give away to the poor those things that you can live without. How long has it been sitting there untouched? If it's been over a year, donate it. You don't need it.
- Do you regret that you haven't spent quality time with someone in your life, or let a feud isolate you from a friend? Has someone done something you're having a hard time forgiving? Reconnect and remind someone how much you love them. Forgive. Ask for forgiveness and say you're sorry.
- Spend some time reading Scripture instead of surfing the web or watching dumb videos on your phone.
- Spend some quiet time in prayer to examine your life and see whether the way you are living it would please Our Lord. Ask him to help you see beyond the status quo and strive to improve yourself spiritually.

SUNDAY'S READINGS

FIRST READING:

When God saw by their actions how they turned from their evil way,
he repented of the evil that he had threatened to do to them;
he did not carry it out. (Jon 3:10)

PSALM:

Teach me your ways, O Lord. (Ps 25)

SECOND READING:

For the world in its present form is passing away. (1 Cor 7:31)

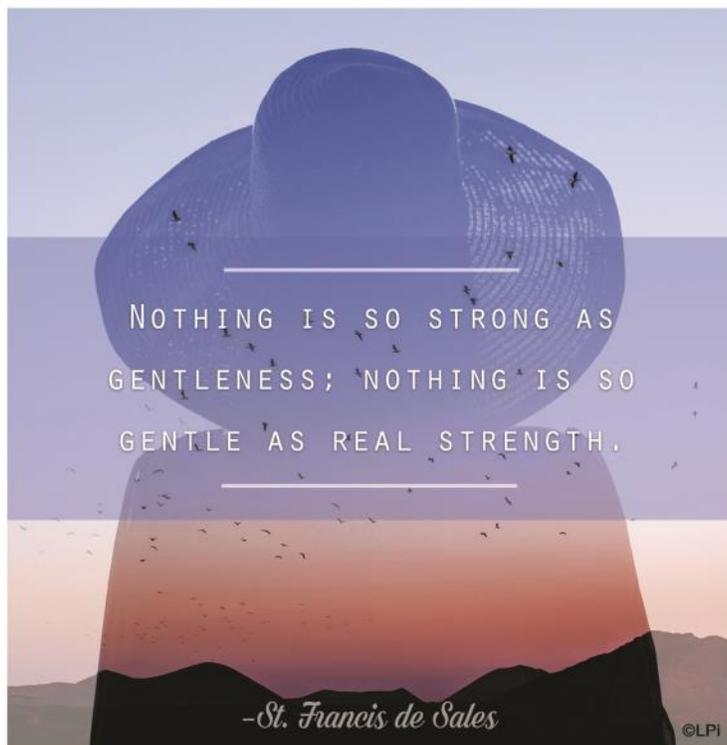
GOSPEL:

The kingdom of God is at hand.
Repent, and believe in the gospel. (Mk 1:15)

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OBSERVANCES FOR THE WEEK OF JANUARY 24, 2021

Sunday: 3rd Sunday in Ordinary Time
Monday: The Conversion of St. Paul the Apostle
Tuesday: Sts. Timothy and Titus, Bishops
Wednesday: St. Angela Merici, Virgin
Thursday: St. Thomas Aquinas, Priest and Doctor of the Church
Saturday: BVM
Next Sunday: 4th Sunday in Ordinary Time; Catholic Schools Week



THE CONVERSION OF ST. PAUL THE APOSTLE

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REFLECT

FIRST READING

Although initially reluctant to be one of God's prophets, Jonah was ultimately successful in getting the Ninevites to repent of their sins. When do you find yourself resisting God's will?

SECOND READING

In trying to awaken a sense of spiritual urgency, Paul taught the Corinthians that Christ's return was imminent and that, "time is running out." How can a sense of urgency aid one's spiritual life?

GOSPEL READING

In Mark's account of the call of the first disciples, Simon (Peter), Andrew, James, and John immediately answer Jesus' call to follow him. How would you describe your response to Jesus' call in your life?