

Our Lady of Lourdes Parish

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SEATTLE, WA 98168

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WELCOME!

Thank you for celebrating with us today. We invite you to come and worship with us again. If you would like to be a member of our faith community, please take a moment to register. We would love to have you as our spiritual companion.

MASS SCHEDULE

SATURDAY

5:00 pm Vigil Mass (Vietnamese)

TUESDAY - FRIDAY

6:00 pm (Vietnamese)

SUNDAY

8:30 am Mass (English)

10:30 am Mass (Vietnamese)

Livestream (Facebook and Youtube)

12:30 pm (Vietnamese for Youth)

ANOINTING OF THE SICK MASS

1st Friday of the Month - 5:30 pm Adoration
6:00 pm Mass

CONFESSIONS

Saturday 4:30 pm - 4:50 pm
Sunday 8:00 am - 8:20 am
Tuesday - Friday 5:30 pm - 5:50 pm

Our Lady of Lourdes Parish

FINANCIAL STEWARDSHIP - JANUARY 13 & 14, 2024

Donation	\$4,296.00
Donation Online	\$1,040.00
Maintenance Fund	\$10.00
Debt Reduction	\$0
Total Donation	\$5,396.00

PARISH STAFF

PASTOR:

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Live The Liturgy Inspiration of the Week

The disciples were fishing when Christ found them, hard at work to support their families, casting their nets into the sea. Sometimes when God calls us, we are in the middle of something else. Don't be afraid to change your plans to follow Him.

Observances for the week of January 21, 2024

- Sunday:** 3rd Sunday in Ordinary Time
- Monday:** Day of Prayer for the Legal Protection of Unborn Children
- Tuesday:** St. Vincent, Deacon and Martyr; St. Marianne Cope, Virgin
- Wednesday:** St. Francis de Sales, Bishop and Doctor of the Church
- Thursday:** The Conversion of St. Paul the Apostle
- Friday:** Sts. Timothy and Titus, Bishops
- Saturday:** St. Angela Merici, Virgin
- Next Sunday:** 4th Sunday in Ordinary Time, Celebrate Catholic Schools Week

PARISH OFFICE HOURS

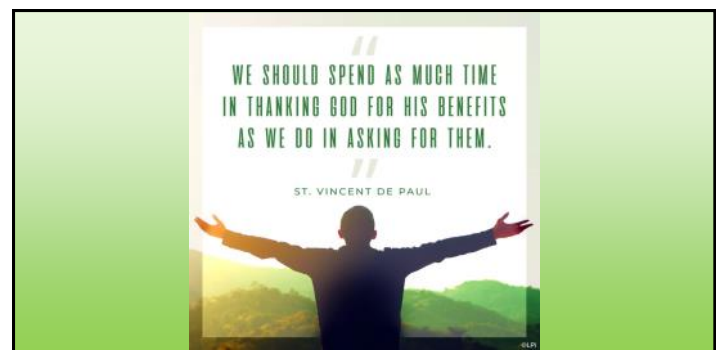
Saturday, Sunday, Monday: Closed
Tuesday - Friday: 9:00am - 3:00pm

Please Call for Appointment

PARISH OFFICE 206-735-7598

Sacrament of Anointing the Sick: Ext. 1
Parish Staff: Ext. 2
Administrative Support: Ext. 3

Please leave a message if no one answers and your call will be returned.





Repent and Believe in the Gospel

Every day, social media brings us countless stories of crime. But in the bottom of the heart, people today want to erase all notions of sin. Speaking of the sense of sin, the late Pope Pius XII commented: "Perhaps the greatest sin in the world today is losing the sense of sin." Why are modern people gradually losing their sense of sin? The simple answer is that people are gradually eliminating God from their lives, to avoid being tormented by conscience, to avoid having to believe in God's words.

Jesus repeatedly denounced hypocrites: "You see the speck in your brother's eye, but you do not see the beam in your own eye." Indeed, hypocrisy is a form of covering up one's own sins, and they often accuse others, and consider themselves good and perfect people. But before God, everyone is a sinner. Saint John said: If you say that you have no sin, you deceive yourself, and consider God a liar, and His word is not in you. Because no one is perfect. Jesus once challenged those who accused a woman of adultery: Let the one who is without sin be the first to throw the stone. And they all left.

When we realize that we have sinned, then we will have a feeling of regret, and repentance. That's why Jesus' first preaching was calling everyone to "Repent and believe in the Gospel". Not only Jesus said this, but all the prophets, apostles, saints, and Mother Mary who appeared many times also called people to repent. Repent for what? In the first reading, the city of Nineveh believed in God's words through the prophet Jonah and repented and atoned for their sins, so they escaped God's punishment and the consequences of sin.

It's never too late to apologize. Whether or not that apology is in fact accepted as forgiveness. But at least, sinners express their feelings, and they will relieve torment of their conscience because of the sins they have committed. But when it comes to God, He always forgives, no matter how many sins we commit. Like the good thief on the cross, we do not know how many sins he had committed throughout his life, but with just one repentance, all his sins were forgiven, and God even promised him the Kingdom of Heaven. It's never too late to apologize.

What is good news? Why must we believe in the Gospel? Yes, the Good News is Jesus. The One who brings us forgiveness through His death and resurrection, the One who gives us hope to rebuild our lives, the One who promises us eternal life in Heaven. The Word of God is living, effective and sharper than a two-edged sword; those words criticize the feelings and thoughts of people's hearts. Enlighten us to see our sins and shortcomings so we can repent, be forgiven, and be saved.

Repentance is the beginning of the path to holiness. Repentance is not to be sad and bury oneself in our past sins, but to be determined to change to live better in the present and future. Repent to realize God's immense love, to respond to God's love for us. I wish every day we could pray to God and Mother Mary: Lord, please have mercy on me, a sinner. Mother Mary, pray for us sinners, now and at the hour of our death. Amen.

Liturgical Life

(PRACTICING) CATHOLIC

A Good Time for Fulfillment

There are some things that always come at the worst time. I've never gotten a telemarketing call and thought, "This is a really convenient moment for me to listen to a sales pitch." I've never seen the compulsory software update notice flash on my computer screen when I *didn't* have a deadline I was struggling to meet. My kids never come down with the flu unless it's the weekend and the line at Urgent Care is stretching out the door.

And I never, ever feel the calm, persistent shoulder-tap of the Holy Spirit without thinking, "Now? Now is not a good time. Can you try again when I'm..."

But then I stop and think: when I am what? When I am stronger? When I am happier? When I am smarter? When I am a different person?

When God calls us, He calls the person He sees in front of Him. "Come on," He says, and He doesn't mean "When you're finished" or "When it's convenient" or "Think about it." He means now. This moment.

This is what Paul is saying when he writes that "the world in its present form is passing away." He is saying that your plans mean nothing, the kingdom of God is at hand. Abandon your nets, let your catch escape into the sea. You're not who you thought you were, and you don't need what you thought you needed.

Your sins do not define you. Your fears are not fate. Your inclinations do not govern you. Your life can be changed. We live in the time of fulfillment, and fulfillment is coming for you — ready or not.

"Jesus came to Galilee proclaiming the gospel of God: 'This is the time of fulfillment.'" — Mark 1:14

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Can a person (the mother, father, or provider) ever be forgiven for an abortion?

Answer:

For people of faith, any conversation of human sinfulness should always lead us to reflect on God's loving mercy. Because God's mercy is greater than any sin, the Church is clear that even those involved in the sin of abortion can be reconciled with God and the Church. To help make this grace more available through the Sacrament of Reconciliation, Pope Francis extended the permission to absolve someone of the sin of abortion to all priests in 2016.

Even with the grace and blessings of the Sacrament of Reconciliation, the tragedy of abortion and the aftermath of abortion takes a toll on everyone involved. Ministries of outreach and support, such as Project Rachel, offer pastoral counseling, support groups, retreats, and other forms of care. As Christians, we are also called to help promote this healing and reconciliation in all its forms.

To learn more, visit www.hopeafterabortion.com.